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## INFORMATION

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This device is subject to the EU Directive 2012/19/EU (WEEE). It is not registered for use in private households and may not be disposed of at municipal collection points for waste electrical and electronic equipment. ADAPTTECH LTD has authorized a firm to dispose of this device in the proper manner. For more detailed information, please contact ADAPTTECH LTD.

 To properly use this medical device, read and comply with these instructions for use.

 INSIGHT System is intended for use by qualified medical personnel only.

 USA Federal Law restricts this device to sale by or on order of a physician.

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# WARRANTY

Adapttech warrants that the INSIGHT System is fit for the purposes and indications described in the labeling for a period of one (1) year from the date of purchase when used in accordance with the directions for use. Unless equipment is used in accordance with such instructions, this warranty is void and of no effect. No other express or implied warranty exists, including any warranty of merchantability or fitness for a particular purpose.

This warranty does not include the Sensors, Wearable, or any cables used with the INSIGHT System or Scanner. Adapttech's sole obligation and purchaser's exclusive remedy for breach of any warranty shall be limited to repair or replacement of the INSIGHT System at Adapttech's discretion.

Adapttech shall not be liable for proximate, incidental, or consequential damages. Adapttech shall not be obligated under this warranty to repair or replace a damaged or malfunctioning INSIGHT System if such damage or malfunction is caused by the customer's use of patient sensors other than those manufactured by Adapttech.

This warranty is exclusive and is in lieu of all other warranties, expressed or implied, including Warranties of merchantability or fitness for any particular purpose.

## Exemptions

Adapttech's obligation or liability under this warranty does not include any transportation or other charges or liability for direct,

indirect or consequential damages or delay resulting from the improper use or application of the product or the use of parts or accessories not approved by Adapttech or repairs by people other than Adapttech or Cascade's authorized personnel.

This warranty shall not extend to:

- Malfunction or damage caused by improper use or man-made failure.
- Malfunction or damage caused by unstable or out-of-range power input.
- Malfunction or damage caused by force majeure such as fire and earthquake.
- Malfunction or damage caused by improper operation or repair by unqualified or unauthorized service people.
- Malfunction of the instrument or part whose serial number is not legible enough.
- Others not caused by instrument or part itself.

### Warning

Adapttech can accept no liability for modifications and repairs to the devices made by the purchaser or unauthorised third parties without consulting the supplier.

We advise you to have any necessary repairs and regular servicing carried out by Adapttech or Cascade.

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## ABBREVIATIONS

<b>LAN</b>	Local Access Network
<b>LED</b>	Light Emitting Diode
<b>IMU</b>	Inertial Motion Unit
<b>3D</b>	Three Dimensional
<b>RJ45</b>	RJ45
<b>RAW</b>	Data not been subjected to processing
<b>RH</b>	Relative Humidity

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# INTRODUCTION

Adapttech INSIGHT is a medical device composed of 5 components to support prosthetists and physiotherapists to pinpoint the problematic issues causing discomfort, pain and tissue breakdown occurring in the residual limb-socket interface on lower limb amputees.

The system consists of:

## INSIGHT Scanner

A laser scanner that scans the concave prosthesis inner surface, creates a 3D model of the socket in less than 90 seconds and automatically detects the position of the sensors.

## INSIGHT Wearable

A wearable system that gathers biodata (both statically and dynamically), regardless of the patient's activities. This information helps identify the problematic points that affect the socket fitting.

## INSIGHT App

Software that manages records, saves and tracks patients' history and follows their adaptation process throughout the entire rehabilitation phase. By merging the biodata collected by INSIGHT Wearable and mapping it over the 3D model created by INSIGHT Scanner, problematic issues occurring between the residual limb and the socket can be pinpointed.

## INSIGHT Sensors

INSIGHT Sensors are a consumable part that connects to INSIGHT Wearable and are placed on the inside of the patient socket for pressure monitoring.

### INSIGHT Wearable IMU

INSIGHT Wearable IMU is an INSIGHT Wearable accessory that gathers patient motion data and helps the system to identify patient gait phases.

### Intended Use

INSIGHT™ (**IN**ner **S**ocket **I**nformation **Gat**Her**I**ng **T**ool) is a tool intended to support healthcare professionals during prosthetic rectification and rehabilitation monitoring by merging biodata gathered through a wearable sensorized system with a 3D-model scan of the prosthetic socket's inner surface. Mapping the data over the model enables the system to pinpoint the problematic issues occurring in the residual limb-socket interface.

### Product Codes

ATT0001 - INSIGHT Scanner

ATT0002 - INSIGHT Wearable (Small - 4 Strip Connectors)

ATT0003 - INSIGHT Wearable (Medium - 8 Strip Connectors)

ATT0004 - INSIGHT Wearable (Large - 12 Strip Connectors)

ATT0006 - INSIGHT Wearable IMU

ATT0007 - INSIGHT Sensors (Small - 4 sensors)

ATT0008 - INSIGHT Sensors (Medium - 6 sensors)

ATT0009 - INSIGHT Sensors (Large - 8 sensors)

ATT0010 - INSIGHT App

ATT0011 - iPad



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# INTERPRETING INSIGHT DATA

## Basic principles of INSIGHT's Pressure Data

To extract the most clinical value out of insight's pressure acquisitions (static or dynamic), there are some basic principles to take into account:

- The measured pressure is relative (to all Sensors present in the socket), not absolute.
- Consequently, the color coding is not qualitative, but comparative. Red does not necessarily mean “*bad*”, but merely “*considerably more pressure than the lowest pressure being recorded*”.
- Pressure is being measured across the entire INSIGHT Sensor, not just on the coloured markers.



### Understanding a static acquisition

When reviewing a static acquisition, all the data interpretation principles from the “Basic Principles of INSIGHT’s Pressure Data” apply.

After selecting a static acquisition, on the lateral selector, choose the “Unprocessed” view.

In this view, the exact same data recorded during the acquisition can be played back, as if replaying a video. However, the view is fully interactive: the 3D model can be rotated or zoomed-in to analyse specific pressure spots or patterns.

This recording can be played back at slower/faster speeds.

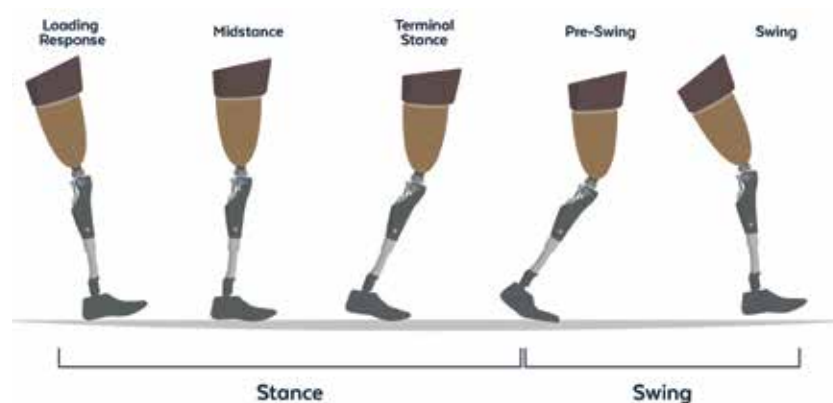


### Understanding a dynamic acquisition

In a dynamic acquisition, additional data about the patient's gait is collected by the INSIGHT Wearable and the INSIGHT Wearable IMU. That data is used to generate new views over the collected pressure data.

The INSIGHT system automatically detects patient's strides and turns. Inside each stride, it detects 5 gait phases:

- **Loading Response:** the earliest stage of the stride, including ground contact at the heel.
- **Midstance:** body weight is fully over the amputated limb, with the foot in full ground contact.
- **Terminal Stance:** the body starts to be propelled forward as the heel leaves the ground.
- **Pre-Swing:** the latest stage of the stance, with the foot of the amputated limb barely touching the ground.
- **Swing:** the latest stage of the stride. The limb swings with no contact with the ground. Lasts until heel strike of the following stride.



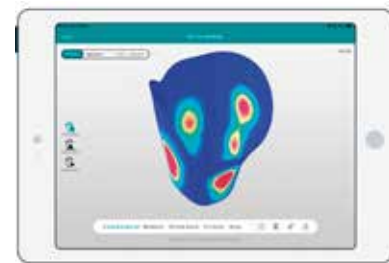
The gait information is merged with the pressure data, yielding three views of the socket's pressure map designed to support all kinds of clinical analyses. In three different ways, they transform the measured data into clear visuals that will ultimately lead to actionable knowledge:

**“Processed”**: In this view, the pressure in each gait stage of a stride is averaged, generating a pressure map for each phase. This map captures the overall trends of pressure distribution in each gait phase.

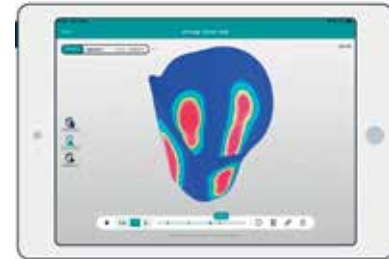
**“Average Stride”**: In this view, data from all strides (excluding turns and stopping/starting strides) is averaged into one single virtual stride. Using the controls, a prosthetist can smoothly navigate through this stride and see how pressure distributes itself as the patient tackles the different challenges of gait. Additionally, the relative duration of each phase, often an indicator with clinical value, is shown.

**“Unprocessed”**: In this view, the entire dynamic acquisition can be reviewed. A small 3D human mimics the patient's actions (walking, stopping or turning), providing context to the pressure patterns being shown.

This recording can be played back at slower/faster speeds.



Processed



Average stride



Unprocessed data

---

# SYMBOLS



Warning/Caution



Flammable if damaged



Fragile



Manufacturer



Prescription Only



Magnetic Resonance Unsafe



Date of Manufacture



Warning: Laser beam



Batteries



Serial Number



Electrostatic sensitive devices



Direct Current



Catalogue Number



Classification Type BF Applied Part



The CE Mark means the device has met all essential requirements of European Medical Device Directive 93/42/EEC



Consult Instructions for Use



Fuse



AC Current Input



Separate Collection for Electric and Electronic Equipment



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# CONTENTS

3	Information
4	Warranty
6	Abbreviations
7	Introduction
9	Interpreting INSIGHT data
13	Symbols
15	Contents

## First Use

21	First use
22	Warnings and cautions
22	Safety considerations
23	Common use
27	Before using

## INSIGHT Scanner

30	Safety information
31	Know your device
32	LED state
33	First use
34	Setup
36	Power On/Off
37	Close/Open socket holder
38	Placing the socket into the Scanner
39	Connecting the app to an INSIGHT Scanner - Start scanning
40	Removing the socket
41	Manual movement of scanner head
42	Socket gripper height adjustment
43	Maintenance

44	Troubleshooting
45	Warning
46	Technical specifications
52	Laser specifications

## **INSIGHT Wearable**

55	Know your device
56	Safety information
57	First use
58	Setup
59	Changing devices Color ID
60	Charging
61	Placing INSIGHT Wearable onto the patient
62	Starting acquisition
64	Placing INSIGHT Wearable IMU
65	Connecting the Wearable to the app
66	Connecting Sensors
67	Disconnecting Sensors
68	Maintenance
69	Troubleshooting
70	Warning
71	Technical specifications

## **INSIGHT Sensors**

81	Know your device
82	Safety information
83	First use
84	Setup
85	Placing INSIGHT Sensors in the socket



86	Connecting sensors
87	Removing INSIGHT Sensors from the socket
88	Cleaning sensors
89	Disconnecting sensors
90	Maintenance
91	Warning
92	Troubleshooting
93	Technical specifications

## **INSIGHT App**

101	Know your device
102	First use
103	Setup
104	Home screen
105	New entry screen
106	Start scan screen
107	Photo screen
108	Gather data screen
109	Review entry (gait) screen
110	Review entry (real time) screen
111	Patient information screen
112	Range of motion screen
113	History screen
114	Report screen
115	Setting screen
116	Managing clinics
117	Adding patients
118	Removing patients
120	Editing patient information

121	Starting new entry
123	Select INSIGHT Scanner
124	Start scanning
126	Adding patient info to entry
128	Re-scanning the socket
130	Photo tool
132	Static and dynamic tests
133	Starting acquisition
137	Selecting INSIGHT Wearable
139	Measurement tool
140	Export 3D model in STL format
141	Review recording (processed gait acquisition)
142	Review recording (average stride)
143	Review recording (real time data)
144	Viewing a patient's report (results screen)
145	Patient report (result screen)
146	Switching between recordings
147	System errors messages
151	Maintenance
152	Troubleshooting
155	Technical specifications
157	Technical assistance

First Use



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## FIRST USE

INSIGHT System's first-time use should always be accompanied by one of Adapttech or Cascade's qualified personnel. This is to help you understand the system, clear away any doubts and make sure there are no faults or warnings unattended.

The technician will help you create the respective Users, giving them their respective permissions and seamless integration of INSIGHT with your day-to-day workflow.

Before using INSIGHT for the first time, a list of all Clinics and Users (Prosthetists, Physiotherapists, etc.) should be created in order to correctly complete the Database and start using INSIGHT.


Inspect packaging before use and if damaged, please contact our technical department at [support@adapttech.eu](mailto:support@adapttech.eu) or via post at:


ADAPTTECH LTD.  
Institute of Translational Medicine (ITM)  
Heritage Building  
Mindelsohn Way  
B15 2TH Birmingham, UK.

If you have any questions regarding first-time use, please contact our technical department at [support@adapttech.eu](mailto:support@adapttech.eu).

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## WARNINGS AND CAUTIONS


 A **WARNING** statement provides important information about a potentially hazardous situation which, if not avoided, could result in death or serious injury


 A **CAUTION** statement provides important information about a potentially hazardous situation which, if not avoided, may result in minor or moderate injury to the user or patient, or in damage to the equipment or other property


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## SAFETY CONSIDERATIONS

These Instructions for Use assume a working knowledge of monitoring equipment. To support proper, safe and accurate operation of equipment, read all operating instructions carefully before you use the INSIGHT System.

 The wearable device and any other applied device parts should be removed before patient defibrillation.

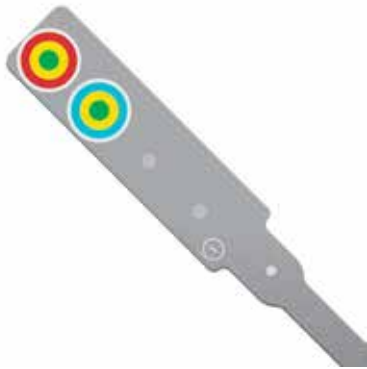
 To maintain patient safety, adhere to all **WARNINGS** and **CAUTIONS** listed in these Instructions for Use and on equipment labels.

 The components will be serviced and maintained only by Adapttech or Cascade personnel.

 No modification of the equipment is allowed. Modification of this equipment may cause interference with other devices, injury to patient and user including electric shock, burns or death.

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## COMMON USE



### STEP 1

Select the number of INSIGHT Sensors to be used - between 4-12, depending on the socket size and the desired surface coverage.



### STEP 2

Inspect strips for damage before use. Apply the strips vertically on the socket without overlapping strips or occluding markers. Leave the connectors hanging free to the outside of the socket.



### STEP 3

Place the socket inside the INSIGHT Scanner, with the proximal part facing up.



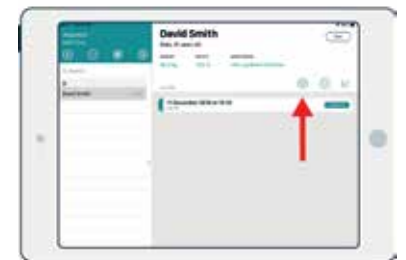
### STEP 4

Press and hold the "Close" button to close the socket holder. The system will stop automatically when in place. The loose connectors of the INSIGHT Sensors should stay clear of the socket holder.



### STEP 5

Close the Scanner door. The system only operates when its door is closed, to every step of the process is safe.



### STEP 6

Open Adapttech's App and follow the App's user guide.



**STEP 7**

Tap “Scan” to start acquiring the 3D model of the socket. While the scanning occurs, you can fill in the patient’s information in the tabs “Range of motion”, “Info” and “Photos”.



**STEP 8**

Once the scan is finished (as indicated by a message in the App), open the door and press and hold the “Open button” to release the socket.



**STEP 9**

Remove the socket and assemble it back on the prosthesis.



**STEP 10**

Place the INSIGHT Wearable around the socket. As suggested in the image, the logo should be placed laterally.



**STEP 11**

Connect the INSIGHT Sensors strips to the INSIGHT Wearable.



**STEP 12**

Patient can now wear the prosthesis.





**STEP 13**

In case of a dynamic analysis (with gait), a second INSIGHT Wearable device, IMU, should be added. The placement depends on the type of amputation, as suggested by the illustration above.



**STEP 14**

Turn the INSIGHT Wearable(s) device(s) on.



**STEP 15**

Connect the App with the selected device(s). Follow the App's user guide.



**STEP 16**

Start the tests. In the case of a static analysis, the patient stands upright and still. In a dynamic analysis, the patient is walking. Results are saved in the App.



**STEP 17**

After completing your analysis, tap "Save" and conclude the test.



**STEP 18**

Remove the prosthesis from the patient.



**STEP 19**

Turn off the device and disconnect the INSIGHT Sensors from the INSIGHT Wearable.



**STEP 20**

Carefully remove and store the INSIGHT Sensors (after cleaning them according to the instructions on page 88) and the INSIGHT Wearable.



**STEP 21**

Perform the necessary adjustments to the socket.



**STEP 22**

Repeat the process until satisfied with the results.

## BEFORE USING



Check the socket to scan is within the size limitations of INSIGHT.

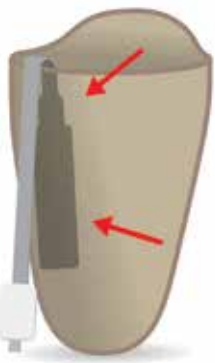
Max height: 250mm/9,84in  
(for a socket 335mm/13,19in high)  
Min height: 55mm/2,17in



Check there are no repeated INSIGHT Sensors



Ensure the optical element has a clear path to the socket's base, avoiding eventual concavities



Properly adhere the INSIGHT Sensors (both the part inside and the part outside the socket).

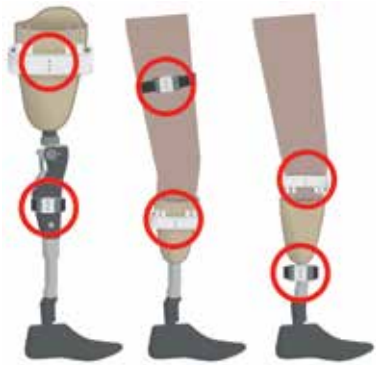


Check INSIGHT Sensors are not overlapping each other



Ensure the socket is correctly positioned on the socket holder:

- Socket is upright and standing on its distal part
- Socket is as centered as possible



Make sure, if you are acquiring gait data, that the Wearables are correctly positioned and a static LED is on.



It's not recommended to scan transparent sockets without applying a scanning spray.



Sockets with low reflective inner surface use as much sensors as possible or add scanning spray to increase reflectivity for a better 3D Model.

INSIGHT Scanner

# SAFETY INFORMATION

These Instructions for Use assume a working knowledge of monitoring equipment. To support proper, safe and accurate operation of equipment, read all operating instructions carefully before you use the INSIGHT Scanner device.



Catalogue Number



Alternating Current Input 110V-220V at 50 - 60 Hz



Fragile



Electrostatic sensitive devices



Keep away from the rain



CE mark



Consult User Guide



Fuse



Warning/Caution



This side up



Keep away from direct sunlight



Prescription Only



Separate Collection for Electric and Electronic Equipment



Warning: Laser beam



Carry cart with wheels



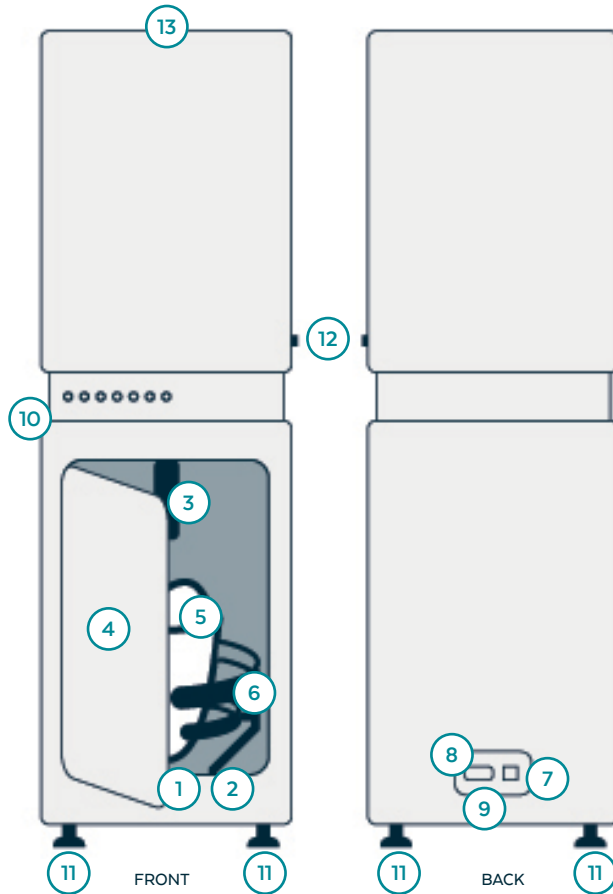
Recycling symbol

To maintain patient safety, adhere to all WARNINGS and CAUTIONS listed in these Instructions for Use and on equipment labels.

The components will be serviced and maintained only by Adapttech or Cascade personnel.

No modification of the equipment is allowed. Modification of this equipment may cause interference with other devices, injury to patient and user including electric shock, burns or death.

# KNOW YOUR DEVICE



## INSIGHT Scanner










- 1** Lock Socket - Left Button
- 2** Release Socket - Right Button
- 3** Laser and Cameras (Scanner's head)
- 4** Door
- 5** Socket
- 6** Socket Holder
- 7** Ethernet Cable Socket
- 8** Power Cable Socket
- 9** Safety Fuse
- 10** LEDs
- 11** Adjustable Scanner Feet
- 12** Power Switch
- 13** Manual movement of scanner head knob

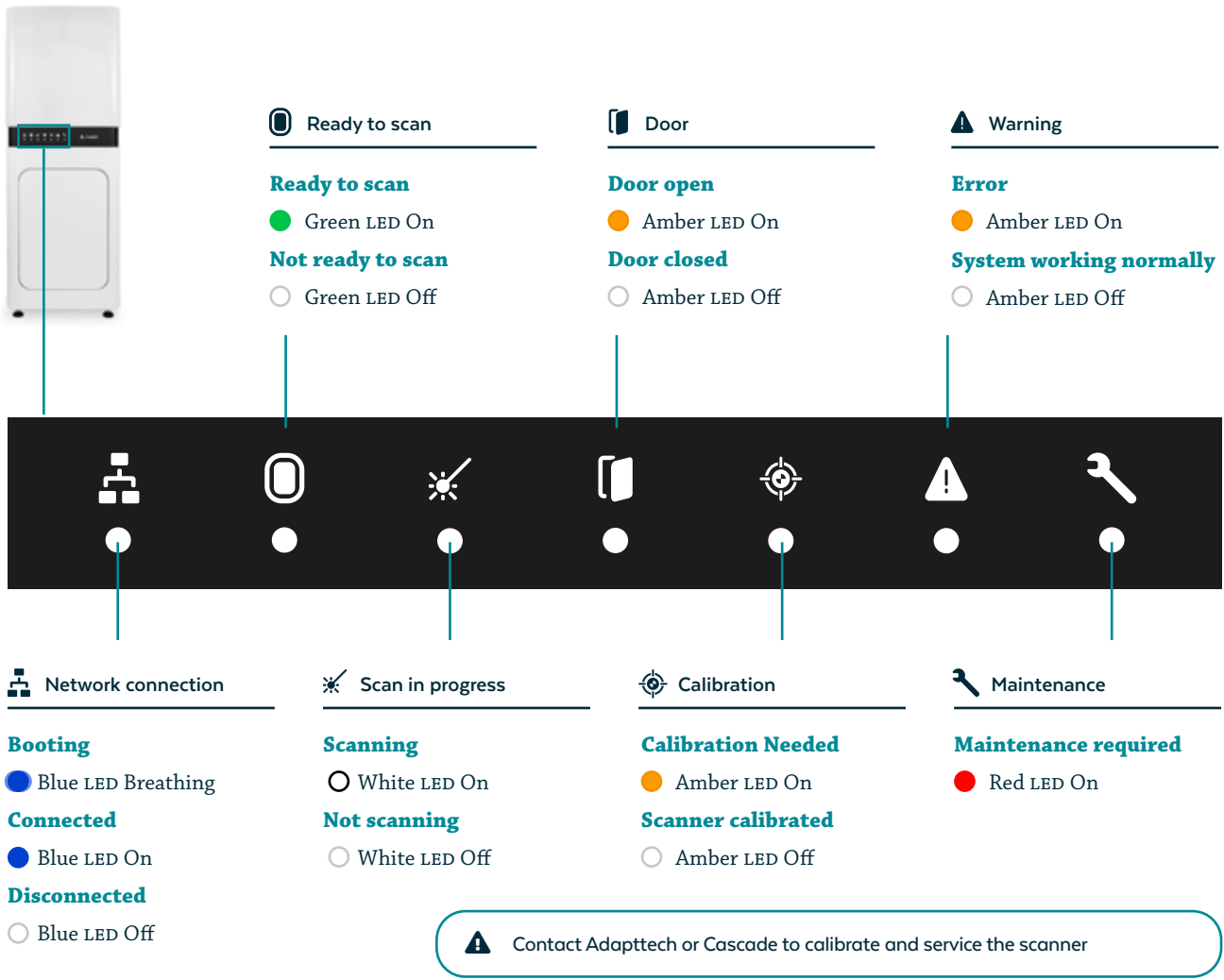
## Package Contents

- 1 INSIGHT Scanner
- User Guide
- Power Cable
- Ethernet Cable
- Floor Fastening Kit

# LED STATE

## Symbols

-  Close Socket Holder
-  Ready to scan
-  Calibration
-  Open Socket Holder
-  Scan in progress
-  Maintenance
-  Network connection
-  Door
-  Warning





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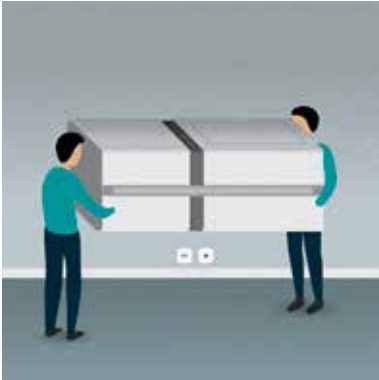
## FIRST USE

First use of the INSIGHT Scanner shall always be undertaken with support from Adapttech or Cascade. We will help to setup the scanner to ensure that the system is properly calibrated and running correctly.

Inspect packaging and Scanner for damage before use. Report any damage to Adapttech or Cascade before use.

# SETUP

**⚠** If the INSIGHT Scanner suffers any impact or vibration during setup contact Adapttech or Cascade before use.



## HOW TO MOVE THE SCANNER

The INSIGHT Scanner should always be moved or adjusted by two or more people and always be placed directly on the ground. Hold by its corner and never on the recess on both sides should be used as a handle.



## STEP 1

Look around the room where the INSIGHT Scanner will be placed, and search for the nearest power outlet and Ethernet port (RJ45 socket). The power and Ethernet cable are 2m/78in long.



## STEP 2

Place INSIGHT Scanner close to a power outlet, with the door facing front. Please note that 20 cm/8 in of clearance on each side is required to open the Scanner's door



## STEP 3

Adjust the height of the scanners feet to keep the weight distributed evenly. Do not over extend them, otherwise they will come loose. If so, thread them in again.



## STEP 4

To adjust the height of each leg is important to identify the Safety Nut and the Foot Nut. The Safety Nut will lock and prevent height changes. The Foot Nut will adjust the overall height of the foot.



## STEP 5

Adjusting the INSIGHT Scanner foot the user must unscrew the safety nut with the spanner.



#### STEP 6

Then screw/unscrew the scanner foot to the desired height.



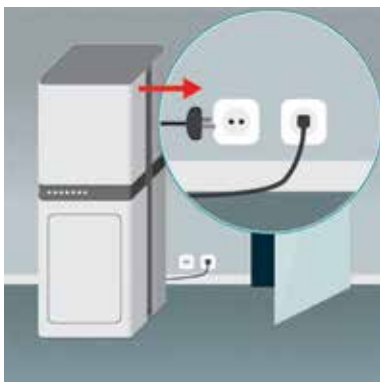
#### STEP 7

Adjust height.



#### STEP 8

Screw the safety nut with the spanner to lock the position.



#### STEP 9

Connect the ethernet cable and power cable.

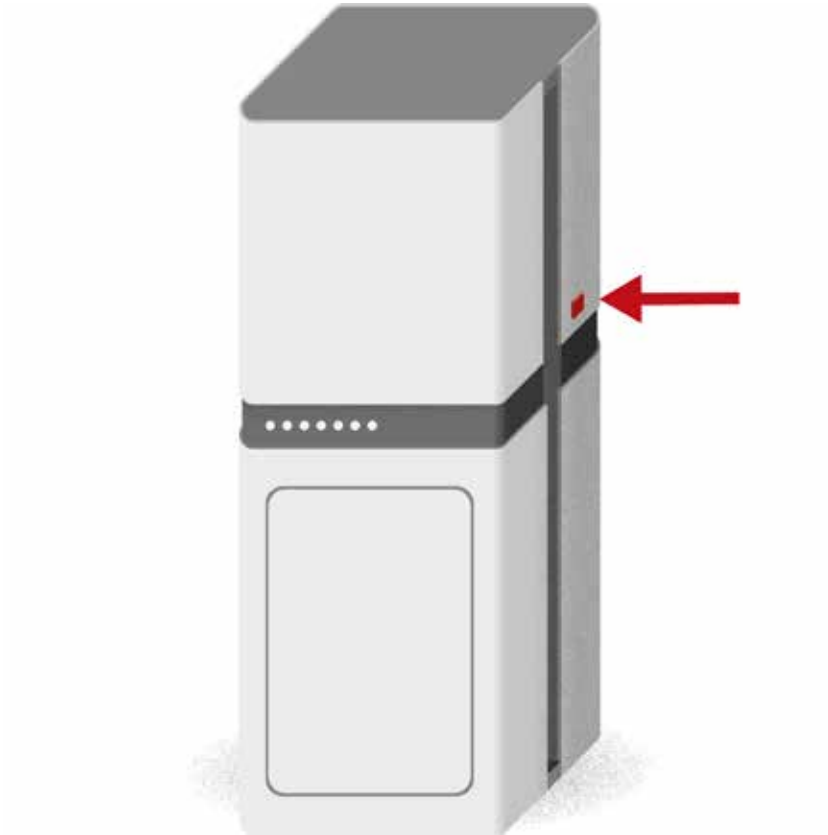


#### STEP 10

Press the power switch to turn on the INSIGHT Scanner and it will connect automatically to the network. The scanner is ready to be configured using the INSIGHT App.

---

## POWER ON/OFF



To switch On or Off the scanner, press the red button on the right side of the device.  
While the device is on, the power button will be light up.

## CLOSE/OPEN SOCKET HOLDER

**⚠** The socket holder will stop automatically even if you are pressing the “Open” or “Close” buttons if it finds significant resistance to movement.

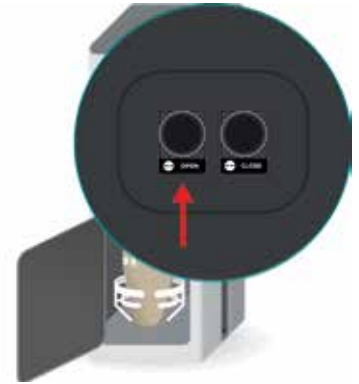
**⚠** The top of the socket must be above of the highest part of the socket holder.



**STEP 1**  
Open INSIGHT Scanner door.



**STEP 2**  
Press the “Close” button to close the socket holder.



**STEP 3**  
Press the “Open” button to open the socket holder support.

## PLACING THE SOCKET INTO THE SCANNER

**⚠** INSIGHT Scanner contains a Class 2M Laser Product. Do not stare into the beam or view directly with optical instruments



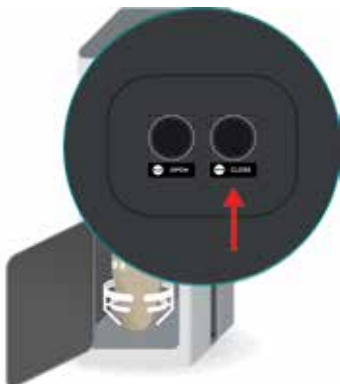
**STEP 1**  
Open INSIGHT Scanner door.



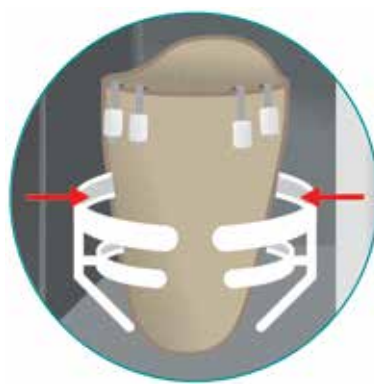
**STEP 2**  
Press on the “Open” button, to open the socket support.



**STEP 3**  
Adjust the gripper’s height and place the socket into the scanner, between the supports.



**STEP 4**  
Without letting go of the socket, press the “Close” button, to close the socket support.



**STEP 5**  
Keep pressing until the movement stops and the socket is centered within the scanner shaft.



**STEP 6**  
Close the door by pushing it, until the latch’s magnet can hold the door shut.

---

# CONNECTING THE APP TO AN INSIGHT SCANNER

## - START SCANNING



**STEP 1**  
Select a Patient and tap on the “+” icon to add an new appointment.



**STEP 2**  
Select the type of amputation and tap “Start”



**STEP 3**  
On the 3D Model Screen, tap on the Scan Button.



**STEP 4**  
Select the available scanner and tap “Connect”.



**STEP 5**  
The scanner is now scanning the patients socket.



**STEP 6**  
Wait until the 3D Model appears on screen.

---

## REMOVING THE SOCKET



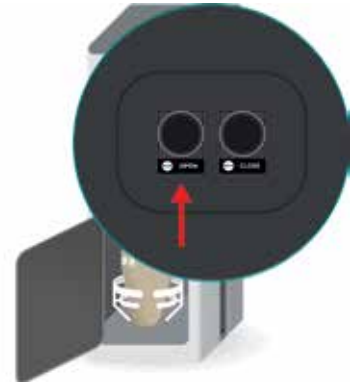
### STEP 1

After the scan finishes, the App will show a message indicating that the scan is complete.



### STEP 2

Open the INSIGHT Scanner door.



### STEP 3

Hold the check socket and press the "Open" button to open the socket support.



### STEP 4

When the socket is loose, carefully remove it out of the Scanner.



### STEP 5

Close the Scanner door.



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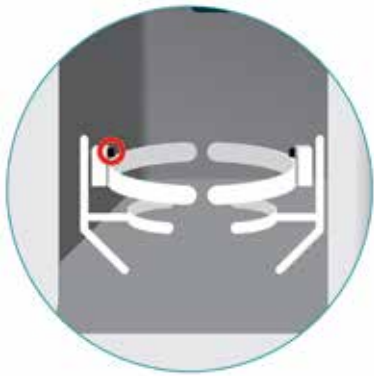
## MANUAL MOVEMENT OF SCANNER HEAD



To move the Scanner head, take off the top enclosure by removing the 6 screws with an 2.5mm hex key, then turn the black knob to lift or lower. Turning the knob clockwise it will raise the Scanner head. Only raise it high enough to safely remove the socket without damaging the Scanner cameras and laser assembly. Elevating it too much may damage the upper limit switch. The procedure will be necessary if there is an power outage, blown fuse, mechanical problem or software failure. If you find any abnormal resistance, please contact Adapttech or Cascade.

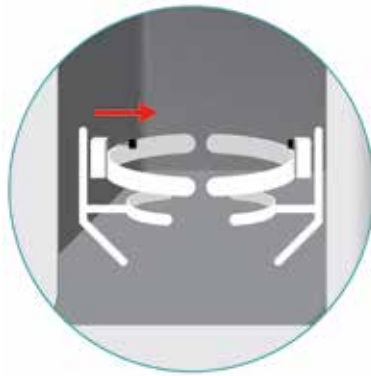
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## SOCKET GRIPPER HEIGHT ADJUSTMENT



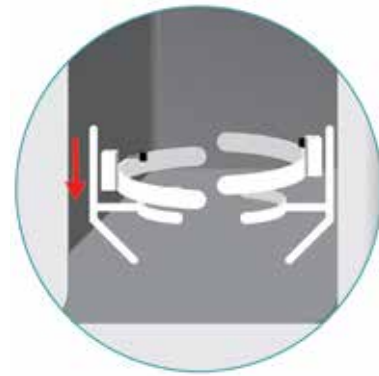
### STEP 1

Pull the gripper pin to release the top tweezer.



### STEP 2

Slide the tweezer down or up while pulling the pin.



### STEP 3

When the tweezer is in place, release the knob. Try to move the knob up and down to make sure the pin is inserted in one of the locating holes.

---

## MAINTENANCE

To clean the outside of INSIGHT Scanner, use a soft moist towel with water or alcohol. You can also clean the socket placement area (inside of the Scanner) the same way.

Do not apply any liquid or cleaning product to the INSIGHT Scanner's cameras and laser.

The INSIGHT Scanner should be cleaned in and out at least once a week.

Always leave INSIGHT Scanner's door closed when not in use.

Avoid dust accumulation inside the scanner.

Store the Scanner in a dry cool place at room temperature with relative humidity between 25-80% (non-condensing) and a temperature of 15-35 °C (59-95 °F).

If the sockets' 3D models are consistently distorted, please contact Adapttech or Cascade technical support.

The INSIGHT Scanner does not require any user maintenance, other than cleaning, and has no serviceable parts. No attempt should be made to open the Scanner with exception to to manually lower or raise the scanner head. In case of INSIGHT Scanner failure or damage contact Adapttech or Cascade.

---

# TROUBLESHOOTING

## The INSIGHT Scanner is not recognized by INSIGHT App.

Is the LAN cable connected to the scanner?

Is INSIGHT Scanner connected to the power outlet?

Is INSIGHT Scanner connected to the Internet?

Are both the INSIGHT Scanner and INSIGHT App on the same network?

## The INSIGHT Scanner does not create a 3D model.

Is INSIGHT Scanner connected to the Internet?

Is the LAN cable plugged in?

Has your license expired?

Is the socket's inner surface reflective enough?

## Sensors and 3D model do not match.

Have the INSIGHT Sensors been placed on top of each other?

Used two or more sensors with the same color markers?

Used more than maximum allowed strips (12)?

## The Scanner's cameras are inside the socket so I cannot remove it.

On powering the Scanner the cameras will reset their position, allowing the socket to be removed. In case you do not have power to turn it on, the manual handle can be used to raise the cameras.

---

## WARNING

**⚠** Do not attempt to open the scanner door when INSIGHT Scanner is in operation. This will automatically turn off the laser source and cancel the ongoing scan operation.

**⚠** Clean inside of scanner and socket support between patients to avoid risk of cross-contamination using a soft moist towel with water or alcohol.

**⚠** Do not place your hand or fingers on any moving part.

**⚠** Contains parts and assemblies susceptible to damage by electrostatic discharge (ESD).

**⚠** Scanner dropped/impact can cause a decalibration of scanner generating incorrect 3D models.

**⚠** Scanning operation will not start before closing the door.

**⚠** If the location of the sensors moves after the scan, you will need to scan again to update the location of the sensors.

---

# TECHNICAL SPECIFICATIONS

## Product Category

Electronic Laser Scanner

## Product Description

INSIGHT Scanner is a laser scanner that scans the concave inner surface of a prosthetic socket, creates a 3D model of it and automatically detects the position of the sensors.

### MODEL

ATTO001

### MEASUREMENT METHOD

Class 2M Laser - DIN EN 60825-1:2014  
2 RGB Cameras

### MEASUREMENT RANGE

54 to 655 mm (depth from standby position of the optical component)

### ACCURACY

< 2 mm (at 200 mm)

### SOCKET SIZE RESTRICTIONS

#### MINIMUM DIAMETER

55mm

#### MAXIMUM DIAMETER

250mm

(for a socket of height 335mm)

### CONNECTIVITY

Ethernet

### PROTECTION AGAINST ELECTRIC SHOCK

Conductive parts are grounded and all conductors are surrounded by the enclosure

### POWER

100-240 V AC 50/60Hz

### CURRENT RATING

1.5A

### FUSE RATING

2x Fuses 3A 250VAC (5x20 mm)

### OPERATING CONDITIONS

#### HUMIDITY

25% to 80% RH (non condensing)

#### TEMPERATURE

15°C(59 °F) to 35°C (95° F)

### TRANSPORTING/STORAGE

#### CONDITIONS

The equipment should be stored out of direct sunlight and in a dry place

### WEIGHT

100.4 kg / 221 pounds

### ENCLOSURE MATERIAL

ABS Plastic

### DIMENSIONS

#### WIDTH

637 mm / 25 in

#### HEIGHT

1710 mm / 67.3 in

#### DEPTH

550 mm / 21.6 in

### SHELF LIFE

1 year

## Notes

- These specifications are subject to change without notice.
- The device AC adapter is protected against solid foreign objects of 12 mm diameter and greater such as a finger.
- This device fulfils the provisions of Regulation (EU) 2017/745 by May 2020.
- This electronic laser scanner is designed according to the European Standard EN 60825 and the US Standard IEC 60825, and IEC 61010-1.
- This Adapttech product is produced under the strict quality system of ADAPTTECH LTD.

 adapttech



### Electromagnetic Emissions


This equipment is intended for use in the electromagnetic environment specified below. The user of this equipment should assure that it is used in such an environment.

Emissions	Compliance According to	Electromagnetic Environment
Radiofrequency (RF) emissions	Group 1	The Scanner only uses RF energy for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
Conducted RF emission, AC mains port + telecom lines <b>EN 61326-1</b> <b>EN 55011</b> <b>ANSI C63-4</b>	Class B	The Scanner is suitable for use in all establishments other than domestic and those directly connected to a public low voltage power supply network which supplies buildings used for domestic purposes.
Radiated RF emission <b>(EN55011:2009 + A1, CISPR11: 2009 + A1)</b>	Class A	
Harmonic Distortion <b>(EN61000-3-2 + A1+ A2,</b> <b>IEC61000-3-2 +A1 + A2)</b>	Class A	
Voltage Fluctuations and Flicker <b>(EN61000-3-3:2008,</b> <b>IEC61000-3-3:2008)</b>	Complies	



### Electromagnetic Immunity


This equipment is intended for use in the electromagnetic environment specified below. The user of this equipment should assure that it is used in such an environment.

 Adapttech's Scanner shall not be used close to RF communications equipment emitting at Very High Frequency Range (e.g. amateur radio, global position system, air traffic). Otherwise, it could result in degradation of the performance of this equipment could result.

Immunity Against	Compliance Level	Electromagnetic Environment
Electrostatic Discharge, ESD <b>(EN 61000-4-2:2009, IEC 61000-4-2:2008)</b>	Contact: 4kV Air: 8kV	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30% so that electrostatic charges are at suitable levels
Radiated RF EM fields <b>(EN61000-4-3:2006+A1+A2, IEC61000-4-3:2006+A1+A2)</b>	3V/m 80-1000MHz 3V/m 1400-2000MHz 1V/m 2000-2700 MHz 1kHz 80% AM	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.
Electrostatic Fast Transients/ Bursts <b>(EN61000-4-4:2004+A1, IEC61000-4-4:2004+A1)</b>	AC/DC Power Lines: ±1kV Signal: ±0.5kV	
Surges <b>(EN61000-4-5:2006, IEC61000-4-5:2005)</b>	AC Power lines ± 1 kV line to earth ± 0.5 kV line to line	
Conducted RF immunity <b>(EN61000-4-6:2009, IEC61000-4-6:2008)</b>	AC Power Lines 3Vrms 0.15-80 MHz 1kHz 80% AM  Signal: ±0.5kV 3Vrms 0.15-80 MHz 1kHz 80% AM	
Voltage Dips and Interrupts <b>(EN61000-4-11:2004, IEC61000-4-11:2004)</b>	0 % residual for ±0,5 cycles 0 % residual for 1 cycles 70 % residual for 25 cycles 0 % residual for 250 cycles	

Guidance and manufacturer's declaration - electromagnetic immunity

The Adapttech's Scanner system is intended for use in the electromagnetic environment specified below. The customer or the user of the Adapttech's Scanner system should assure that it is used in such an environment.

Immunity Test	IEC 61326-1 Test Level	Compliance Level	Electromagnetic Environment
<p>Conducted RF</p> <p><b>EN 61000-4-6: 2009</b></p> <p><b>IEC 61000-4-6: 2008</b></p>	<p>3 Vrms</p> <p>150 kHz to 80 MHz</p>	<p>3V</p>	<p>Portable and mobile RF communications equipment should be used no closer to any part of the Adapttech's INSIGHT Scanner system including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.</p> <p>Recommended separation distance</p> <p><math>d=1.2\sqrt{P}</math> 150 kHz to 80 MHz</p> <p><math>d=1.2\sqrt{P}</math> 80 MHz to 800 MHz</p> <p><math>d=2.3\sqrt{P}</math> 800 MHz to 2.5 MHz</p> <p>Where P is the maximum output power rating of the transmitter in watts (w) according to the transmitter manufacturer and d is the recommended separation distance in meters (m).</p> <p>Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey,<sup>1</sup> should be less than the compliance level in each frequency range.<sup>2</sup></p> <p>Interference may occur in the vicinity of equipment marked with the following symbol:</p> 
<p>Radiated RF</p> <p><b>EN 61000-4-3: 2006 +A1+A2</b></p> <p><b>IEC 61000-4-3: 2006 +A1+A2</b></p>	<p>3V/m 80-1000MHz</p> <p>3V/m 1400-2000MHz</p> <p>1V/m 2000-2700 MHz</p>	<p>3V/m</p> <p>3V/m</p> <p>1V/m</p>	
<p><b>NOTE 1 At 80 MHz and 800 MHz, the higher frequency range applies.</b></p> <p><b>NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.</b></p>			
<p>1. The ISM (industrial, scientific, and medical) bands between 0.15MHz and 80MHz are 6.765MHz to 6.795MHz; 13.553MHz to 13.567MHz; 26.957MHz to 27.283MHz; and 40.66MHz to 40.70MHz.</p> <p>2. Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which Adapttech's INSIGHT Scanner system is used exceeds the applicable RF compliance level above, the Adapttech's INSIGHT Scanner system should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as re-orienting or relocating the Adapttech's INSIGHT Scanner system.</p> <p>3. Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m. Radiated RF is expected to interfere with wearable system between 85 and 120 MHz</p>			

Recommended separation distances between portable and mobile RF communications equipment and Adapttech's Scanner.

The Adapttech's Scanner is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of Adapttech's Scanner can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the Adapttech's Scanner as recommended below, according to the maximum output power of the communications equipment.

Rated Maximum Output Power of Transmitter W	Separation Distance According to Frequency of Transmitter		
	150 khz to 80 mhz $d=1.2\sqrt{p}$	80 mhz to 800 mhz $d=1.2\sqrt{p}$	800 mhz to 2,5 ghz $d=2.3\sqrt{p}$
0.01	0.12	0.12	0.23
0.1	0.38	0.38	0.73
1	1.2	1.2	2.3
10	3.8	3.8	7.3
100	12	12	23
For transmitters rated at a maximum output power not listed above, the recommended separation distance in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.			
<p><b>NOTE 1 At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.</b></p> <p><b>NOTE 2 The ism (industrial, scientific, and medical) bands between 0.15MHz and 80MHz are 6.765MHz to 6.795MHz; 13.553MHz to 13.567MHz; 26.957MHz to 27.283MHz; and 40.66MHz to 40.70MHz.</b></p> <p><b>NOTE 3 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.</b></p>			

---

# LASER SPECIFICATIONS

The laser is located at the bottom end of the shaft inside the Scanner.

The laser is not intended to be controlled in any way by the user. This is automatically controlled whenever the Scanner is operating. The only access point to the laser is by opening the door of the Scanner. However, whenever this happens the laser is automatically turned off.

## LASER CLASS

Class 2M under DIN EN 60825-1

## WAVELENGTH

520 nm

## MAXIMUM POWER OUTPUT

3 mW

## PATTERN

Solid Line Circle (45°)

## PULSE PATTERN

Continuous

## LASER RADIATION

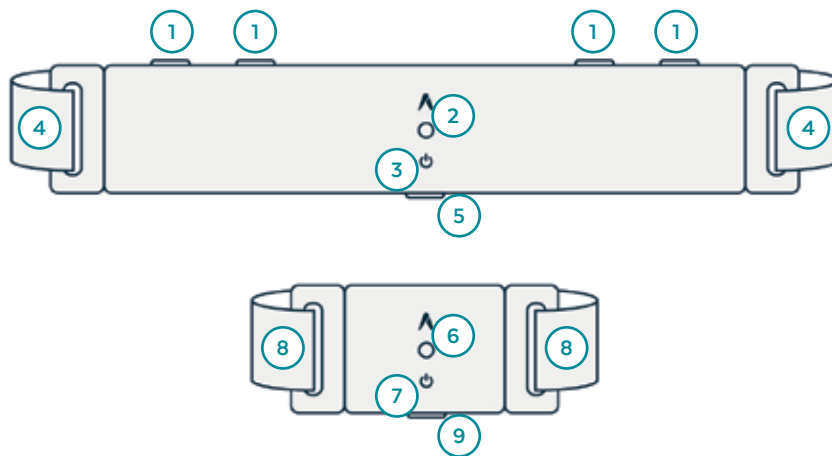
Do not stare into the beam or view directly with optical instruments



INSIGHT Wearable



# KNOW YOUR DEVICE



## INSIGHT Wearable

- 1 Sensor Strip Connector
- 2 Status/ID LED
- 3 Power Button
- 4 Elastic Band
- 5 Charger Connector

## INSIGHT Wearable IMU

- 6 LED
- 7 Power Button
- 8 Elastic Band
- 9 Charger Connector

## Package Contents

- 1 INSIGHT Wearable
- 1 INSIGHT Wearable IMU
- User Guide
- INSIGHT Wearable Power Supply
- Micro-USB Cable

## INSIGHT Wearable and INSIGHT Wearable IMU LED'S Meaning

LED Next to Power Button

### Searching for Connection

 Blinking Blue

### Connected to INSIGHT App

 Fixed Color

LED Next to Micro-USB

### While Charging

 Fixed Amber

### Charged

 No Light

# SAFETY INFORMATION

These Instructions for Use assume a working knowledge of monitoring equipment. To support proper, safe and accurate operation of equipment, read all operating instructions carefully before you use the INSIGHT Wearable device.



Catalogue Number



Direct Current 3.7V - 5V



Fragile



Magnetic Resonance Unsafe



Batteries



CE mark



Consult User Guide



Warning/Caution



Bluetooth® Low Energy



Classification Type BF Applied Part



Prescription Only



Separate Collection for Electric and Electronic Equipment



Flammable if damaged

The wearable device and any other applied device parts should be removed before patient defibrillation.

To maintain patient safety, adhere to all WARNINGS and CAUTIONS listed in these Instructions for Use and on equipment labels.

The components will be serviced and maintained only by Adapttech or Cascade personnel.

No modification of the equipment is allowed. Modification of this equipment may cause interference with other devices, injury to patient and user including electric shock, burns or death.

Only connect to the devices USB ports the provided cables and sensors.



---

## FIRST USE

INSIGHT System's first-time use should always be done accompanied by one of Adapttech or Cascade qualified personnel. We will help you to setup the device to ensure that every system is properly calibrated and running correctly.

# SETUP



## STEP 1

Remove all components from the box: the Wearable, Wearable IMU the Micro-USB cable and the power adapter for charging.



## STEP 2

Use the Micro-USB cable included and connect the wall plug to charge the device. This action will charge the device.



## STEP 3

After the device has been charged, disconnect the Micro-USB cable from the INSIGHT Wearable and Wearable IMU and turn the devices on by pressing its button for 1 second.



## STEP 4

A white blinking LED means that the device is ready to pair with the INSIGHT App.



## STEP 5

After using it, turn off the device by pressing the power button again.

---

## CHANGING DEVICES COLOR ID



### STEP 1

On the Home Screen, tap on the Settings button.



### STEP 2

Select Color Update option, and select the desired wearable.



### STEP 3

Select the color and press Change Color.



### STEP 4

The wearable device has been assigned with the new Color ID.

---


## CHARGING

The INSIGHT Wearable must be fully charged before first use. It will take approximately 2h15 for the Wearable and 2h for the IMU, to fully charge the battery using the Micro-USB cable and wall plug provided.

To charge the battery of INSIGHT Wearable, disconnect any INSIGHT Sensor, connect the Micro-USB Cable into the correct port at the bottom of the device. When the amber LED lights up, it has started charging. Once it is fully charged, the LED will switch off.

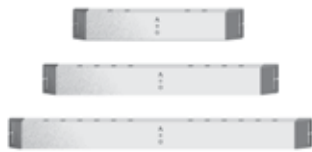
With a full charge the device can run up to 8-18 hours continuously.

When the INSIGHT Wearable charger is connected to power, its green LED lights up.

 Do not use INSIGHT Wearable or INSIGHT Wearable IMU while charging.

---

## PLACING INSIGHT WEARABLE ONTO THE PATIENT



### STEP 1

Choose an INSIGHT Wearable device with a size adequate to the socket in analysis.



### STEP 2

Press on the plastic lock button to open the elastic band.



### STEP 3

Place the device on the side or in front of the socket of the patient.



### STEP 4

Close the plastic lock and adjust the elastic to tighten the grip.



### STEP 5

Place the IMU Case (below or above the knee) on the same leg that the device is attached and tighten the elastic for grip.



### STEP 6

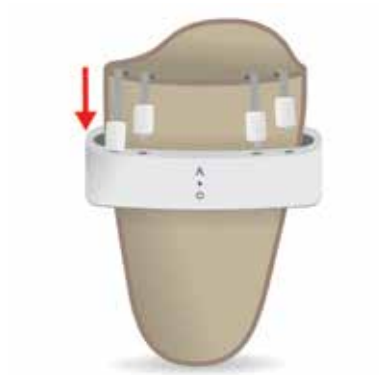
Place the socket onto the patient.

# STARTING ACQUISITION



## STEP 1

Place INSIGHT Wearable onto the patient.



## STEP 2

Connect INSIGHT Sensors to INSIGHT Wearable.



## STEP 3

Turn on the device by clicking on the button. A color LED will start blinking.



## STEP 4

On the INSIGHT App, after scanning the socket, tap on "Gather Data".



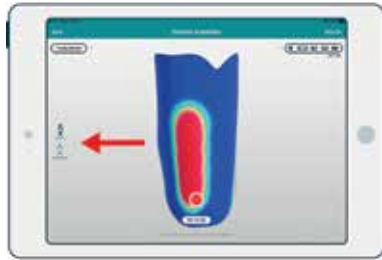
## STEP 5

Select the desired INSIGHT Wearable from the list (the ID and color on the device's label matches the ID and color on the list).

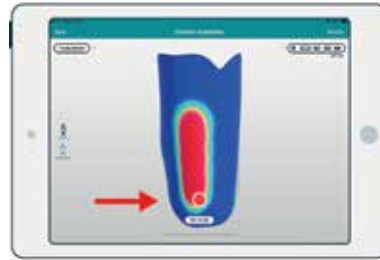


## STEP 6

If you wish to make a dynamic acquisition, two Wearables are required. Tap "Connect" on the ones you wish to use for the acquisition.



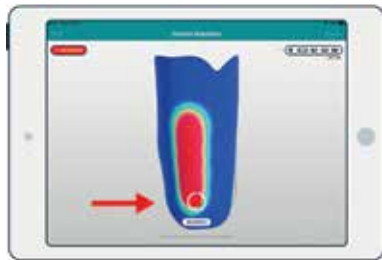
**STEP 7**  
On the Acquisition screen, select the type of test: either Static or Dynamic (see page 132).



**STEP 8**  
Tap Record (Red Button).



**STEP 9**  
Recording started. Live pressure distributions over the socket are being provided.



**STEP 10**  
When enough data has been gathered (30 seconds for a static test, 1 minute / 30 strides for a dynamic one), stop recording.



**STEP 11**  
Give the recording a recognizable name.



**STEP 12**  
Tap "Save".

---

## PLACING INSIGHT WEARABLE IMU



The placement of the INSIGHT Wearable IMU changes with the type of amputation of the patient. If the amputation is above the knee, the IMU is placed below the knee (in the pylon). If the amputation is below the knee, the IMU is placed above the knee. In both cases, the logo should be orientated laterally.



---

## CONNECTING THE WEARABLE TO THE APP



### STEP 1

On the INSIGHT App, after scanning the socket, tap on “Gather Data”.



### STEP 2

Turn on the INSIGHT Wearable devices and look for their Color ID



### STEP 3

Select the desired devices from the list (the Color ID on the device matches the Color ID on the list).



### STEP 4

If you wish to make a dynamic acquisition, two Wearables are required. Tap “Connect” on the ones you wish to use for the acquisition.



### STEP 4

The devices, when connected, will switch to the same color.

---

## CONNECTING SENSORS



### STEP 1

After the sensors are placed in the socket, place INSIGHT Wearable on the check socket.



### STEP 2

Connect the INSIGHT Sensors to the top side of the INSIGHT Wearable. There is no fixed order or required orientation in the connections. The Sensors will briefly flash amber when successfully connected.

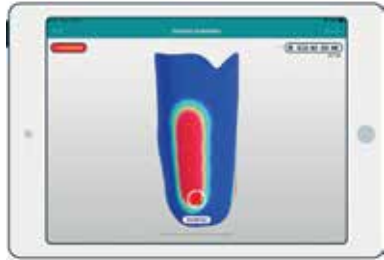


### STEP 3

After all sensors are connected to the device, start gathering data.

## DISCONNECTING SENSORS

**⚠** If and INSIGHT Sensor is disconnected during the acquisition, the value for the pressure will be 0.



**STEP 1**  
Finish the Recording.



**STEP 2**  
Turn off INSIGHT Wearable.



**STEP 3**  
Disconnect the INSIGHT Sensors from the INSIGHT Wearable, as suggested in the image.



**STEP 4**  
Remove the INSIGHT Wearable and, if needed, clean it.

---

## MAINTENANCE

Clean the INSIGHT Wearable and Wearable IMU with a soft moist towel with water or alcohol.

INSIGHT Wearable and Wearable IMU should be cleaned after every patient.

Avoid any hard impact on the equipment.

Store the device in a dry cool place at room temperature.

Do not store INSIGHT Wearable and Wearable IMU with a completely drained battery.

INSIGHT Wearable should be stored on a flat surface, at room temperature and humidity. It should be protected from dust or accidental drops or falls.

INSIGHT Wearable and Wearable IMU does not require any user maintenance, other than cleaning, and has no serviceable parts. No attempt should be made to open the Wearable or the Wearable IMU.

---

## TROUBLESHOOTING

### INSIGHT Wearable or INSIGHT Wearable IMU is not recognized by INSIGHT App?

Is INSIGHT Wearable switched on?

Is INSIGHT Wearable's battery charged?

Is the INSIGHT Wearable within range of the INSIGHT App (10m)?


### INSIGHT Wearable or INSIGHT Wearable IMU doesn't switch on?

Does INSIGHT Wearable or INSIGHT Wearable IMU have the battery charged?


Have you tried to connect to the power charger?


---

## WARNING


 Wearable and Wearable IMU devices drop can damage the electronic circuitry making the wearable device malfunction.

 Wearable and Wearable IMU devices not attached correctly can cause wrong data.

 A Wearable and Wearable IMU devices not fully charged may fail due to low battery earlier than expected causing unreliable/missing data.

 Placing a very tight Wearable device and Wearable IMU to the patient can cause a pressure injury onto the patient.

 Wearable and Wearable IMU devices not being cleaned and dried as specified may cause transfer of infection between patients.

 Wearable and Wearable IMU devices being immersed in a liquid will damage the devices

---

# TECHNICAL SPECIFICATIONS

## Product Category

Wearable Pressure Measurement Unit

## Product Description

INSIGHT Wearable is a wearable sensorized system that dynamically gathers biodata, regardless of the patient's activities, which helps identify the problematic points that affect the socket fitting. This wearable system is composed of INSIGHT Sensors, INSIGHT wearable main unit and INSIGHT Wearable IMU. INSIGHT Sensors will connect to INSIGHT wearable main unit which collects the data acquired by the pressure sensors on the INSIGHT sensor strips.

**MODEL**

ATT0002; ATT0003; ATT0004;  
ATT0006

**MEASUREMENT METHOD**

2x IMU and Pressure Sensors

**CONNECTIVITY**

Micro-USB

**RATING**

5V DC

**POWER SUPPLY**

5VDC AC adapter w/ current output up  
to 1500 mA

**POWER SOURCE**

1 Li-Poly battery @ 4.2V

**WEARABLE**

650 mAh

**IMU**

500 mAh

**BATTERY LIFE CYCLE**

approx. 500 cycles

**BATTERY LIFE****WEARABLE**

8h to 18h

**IMU**

~21h

**CHARGING TIME****WEARABLE**

2h15

**IMU**

2h

**OPERATING CONDITIONS****CHARGING**

+10°C (50°F) to +35°C (95°F)

**OPERATION**

-10°C (14°F) to +35°C (95°F)

**ATMOSPHERIC PRESSURE RANGE**

70,0 kPa to 106,0 kPa

**HUMIDITY**

45% to 85% RH

**TRANSPORTING/STORAGE****CONDITIONS**

Battery > 70% charged

**WEARABLE WEIGHT**

256 g (small)

320 g (medium)

384 g (large)

**EXTERIOR MATERIAL**

ABS Plastic

Fabric (99%PES 1%EA)

**ENCLOSURE MATERIAL**

Medical Grade Silicone

**DIMENSIONS (SMALL)****WIDTH**

155 mm / 6.1 in

**HEIGHT**

50 mm/ 1.97 in

**DEPTH**

27 mm / 1 in

**DIMENSIONS (MEDIUM)****WIDTH**

290 mm / 11.4 in

**HEIGHT**

50 mm/ 1.97 in

**DEPTH**

27 mm / 1 in

**DIMENSIONS (LARGE)****WIDTH**

395 mm / 15.5 in

**HEIGHT**

50 mm/ 1.97 in

**DEPTH**

27 mm / 1 in

**SHELF LIFE****1 YEAR**

@ -20°C (-4°F) to 30°C (86°F) with

battery >70% charged

**3 MONTHS**

@ -20°C (-4°F) to 45°C (113°F) with

battery > 70% charged

**1 MONTH**

@ -20°C (-4°F) to 60°C (140°F) with

battery > 70% charged



## Notes

- These specifications are subject to change without notice.
- The device AC adapter is protected against solid foreign objects of 12 mm diameter and greater such as a finger.
- This device fulfils the provisions of Regulation (EU) 2017/745 by May 2020
- This device is designed according to the US Standard es 60601-1.
- This Adapttech product is produced under the strict quality system of ADAPTTECH LTD.

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### Electromagnetic Emissions

This equipment is intended for use in the electromagnetic environment specified below. The user of this equipment should assure that it is used in such an environment.

Emissions	Compliance According to	Electromagnetic Environment
Radiofrequency (RF) emissions <b>CISPR 11</b>	Group 1	The wearable system only uses RF energy for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
<b>Conducted rf emission (EN55011:2009 + A1)</b> <b>CISPR 11</b> <b>in charging mode</b>	Class B	The wearable system is suitable for use in all establishments including those directly connected to a public low voltage power supply network.
Radiated RF emission <b>(EN55011:2009 + A1)</b> in battery and charging mode	Class B	
Harmonic Distortion <b>(EN61000-3-2 + A1+ A2)</b> in charging mode	Class A	
Voltage Fluctuations and Flicker <b>(EN61000-3-3:2013)</b> in charging mode	Complies	

## Electromagnetic Immunity

This equipment is intended for use in the electromagnetic environment specified below. The user of this equipment should assure that it is used in such an environment.

**⚠** Adapttech's wearable system (INSIGHT Wearable, Wearable IMU and Sensor) shall not be used close to RF communications equipment emitting at Very High Frequency Range (e.g. amateur radio, global position system, air traffic). Otherwise, degradation of the performance of this equipment could result.

Immunity Against	Compliance Level	Electromagnetic Environment
Electrostatic Discharge, ESD <b>(EN 61000-4-2:2009)</b> in battery and charging mode	Contact: ± 8kV Air: ± 15kV	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30% so that electrostatic charges are at suitable levels
Radiated RF EM fields <b>EN61000-4-3:2006 + A1 + IS1 + A2</b> in battery and charging mode	3V/m 80-1000MHz 1000-6000MHz 1kHz 80% AM	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.
Proximity fields from RF wireless communications equipment <b>EN61000-4-3:2006 + A1 + IS1 + A2</b> in battery and charging mode	As detailed in section 8.10 of standard.  Complies	
Electrostatic Fast Transients/ Bursts <b>(EN61000-4-4:2012)</b>  In charging mode Surges <b>(EN61000-4-5:2012)</b>  In charging mode Conducted RF immunity <b>(EN61000-4-6:2014)</b> In charging mode	AC and DC Power Lines: ± 2kV Signal: ± 1kV  100 kHz repetition frequency ± 1 kV line to line  3Vrms (6Vrms in ISM bands) 0.15-80 MHz 1kHz 80% AM	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.
Voltage Dips and Interrupts <b>(EN61000-4-11:2004)</b> In charging mode	0 % UT ; 0,5 cycle at 0°, 45°, 90°, 135°, 180°, 225°, 270° and 315°.  0 % UT ; 1 cycle and 70 % UT ; 25/30 cycles Single phase: at 0°  0 % UT ; 250/300 cycle	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.

**Guidance and manufacturer's declaration - electromagnetic immunity**

The Adapttech's wearable system is intended for use in the electromagnetic environment specified below. The customer or the user of the Adapttech's wearable system should assure that it is used in such an environment.

Immunity Test	IEC 60601 Test Level	Compliance Level	Electromagnetic Environment
<p>Conducted RF <b>IEC 61000-4-6</b></p> <p>Radiated RF <b>IEC 61000-4-3</b></p>	<p>3 Vrms 150 kHz to 80 MHz</p> <p>6 Vrms in ISM bands<sup>1</sup></p> <p>3 V/m 80 MHz to 2.5 GHz</p>	<p>3V</p> <p>6 Vrms in ISM bands</p> <p>3 V/m</p>	<p>Portable and mobile RF communications equipment should be used no closer to any part of the Adapttech's wearable system including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.</p> <p>Recommended separation distance  <math>d=1.2\sqrt{P}</math> 150 kHz to 80 MHz  <math>d=1.2\sqrt{P}</math> 80 MHz to 800 MHz  <math>d=2.3\sqrt{P}</math> 800 MHz to 2.5 MHz</p> <p>Where P is the maximum output power rating of the transmitter in watts (w) according to the transmitter manufacturer and d is the recommended separation distance in meters (m).</p> <p>Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey,<sup>2</sup> should be less than the compliance level in each frequency range.<sup>3</sup></p> <p>Interference may occur in the vicinity of equipment marked with the following symbol:</p>

**NOTE 1 At 80 MHz and 800 MHz, the higher frequency range applies.**

**NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.**

1. The ISM (industrial, scientific, and medical) bands between 0.15MHz and 80MHz are 6.765MHz to 6.795MHz; 13.553MHz to 13.567MHz; 26.957MHz to 27.283MHz; and 40.66MHz to 40.70MHz.
2. Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which Adapttech's wearable system is used exceeds the applicable RF compliance level above, the Adapttech's wearable system should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as re-orienting or relocating the Adapttech's wearable system.
3. Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m. Radiated RF is expected to interfere with wearable system between 85 and 120 MHz.

Recommended separation distances between portable and mobile RF communications equipment and Adapttech's wearable system (INSIGHT Wearable, Wearable IMU and Sensors).

The Adapttech's wearable system is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of Adapttech's wearable system can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the Adapttech's wearable system as recommended below, according to the maximum output power of the communications equipment.

Rated Maximum Output Power of Transmitter W	Separation Distance According to Frequency of Transmitter		
	150 hz to 80 mhz	80 mhz to 800 mhz	800 mhz to 2,5 ghz
0.01	0.12	0.12	0.23
0.1	0.38	0.38	0.73
1	1.2	1.2	2.3
10	3.8	3.8	7.3
100	12	12	23
For transmitters rated at a maximum output power not listed above, the recommended separation distance in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.			
<p><b>NOTE 1 At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.</b></p> <p><b>NOTE 2 The ism (industrial, scientific, and medical) bands between 0.15MHz and 80MHz are 6.765MHz to 6.795MHz; 13.553MHz to 13.567MHz; 26.957MHz to 27.283MHz; and 40.66MHz to 40.70MHz.</b></p> <p><b>NOTE 3 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.</b></p>			



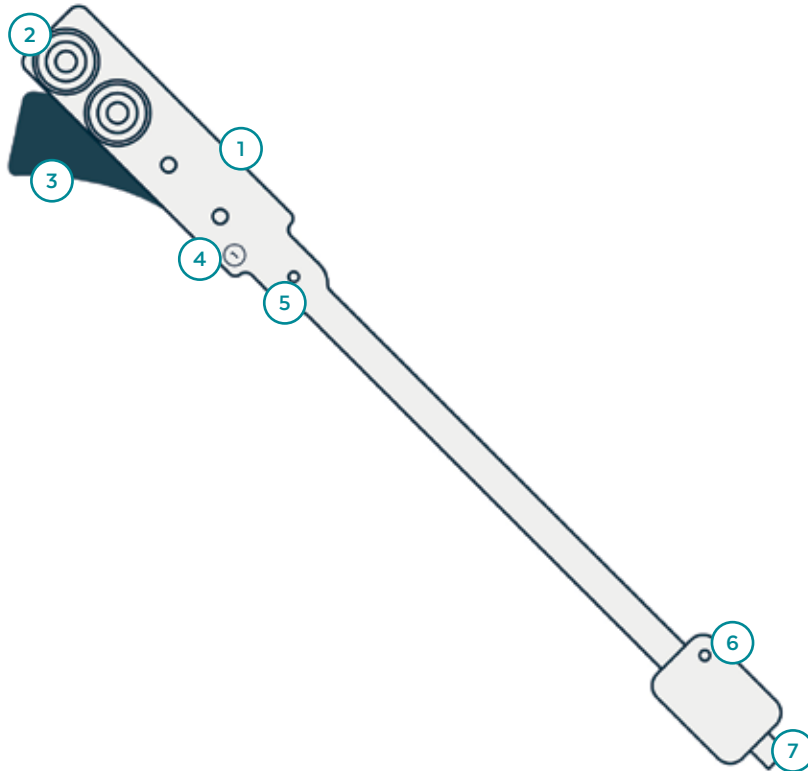
INSIGHT Sensors





# KNOW YOUR DEVICE

**⚠** INSIGHT Sensors can only be used in 8 separate data acquisition sessions.



## INSIGHT Sensor

- 1 Sensor Strip
- 2 Marker
- 3 Re-usable Adhesive
- 4 Sensor ID
- 5 Vent
- 6 Enclosure
- 7 Connector

## Package Contents

- 16 Sensors
- User Guide

## LED'S Meaning (Sensor enclosure)

### Discard Sensor Strip

- Continuously blinking

### Connected to INSIGHT Wearable

- ☀ 1 Second Amber

# SAFETY INFORMATION

INSIGHT Sensors may come into physical contact with the patient's residual limb in order to gather pressure data and are therefore considered Type BF applied parts.

These Instructions for Use assume a working knowledge of monitoring equipment. To support proper, safe and accurate operation of equipment, read all operating instructions carefully before you use the INSIGHT Sensors.



Catalogue Number



Fragile



Magnetic Resonance Unsafe



ce mark



Consult User Guide



Warning/Caution



Classification Type BF Applied Part




Prescription Only





Separate Collection for Electric and Electronic Equipment




Flammable if damaged

 The wearable device and any other applied device parts should be removed before patient defibrillation.

 To maintain patient safety, adhere to all WARNINGS and CAUTIONS listed in these Instructions for Use and on equipment labels.


 The components will be serviced and maintained only by Adapttech or Cascade personnel.

 No modification of the equipment is allowed. Modification of this equipment may cause interference with other devices, injury to patient and user including electric shock, burns or death.

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## FIRST USE

The INSIGHT Sensors do not require any first use support procedures from Adapttech or Cascade.

 Do not use the sensors on damaged skin or open wounds.

# SETUP

**⚠** Before use, check that INSIGHT Sensor is not creased or fully/partially torn and has no stains or marks over the region of colored markers which may compromise their visibility



## STEP 1

Remove the INSIGHT Sensors from the packaging.



## STEP 2

Use alcohol with cotton or a disposable towel to disinfect the sensors. They are now ready to use.

## PLACING INSIGHT SENSORS IN THE SOCKET

**⚠** Do not use the sensors on damaged skin or open wounds

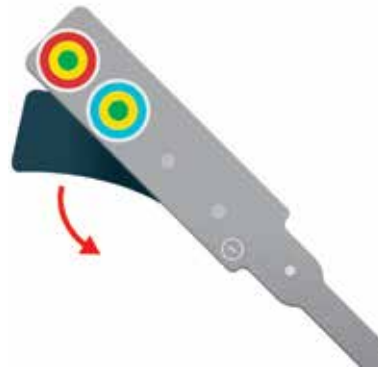
**⚠** Do not place Sensors over socket valves or threaded holes.

**⚠** Do not overlap Sensors and do not strain the strip's connection to the connector.



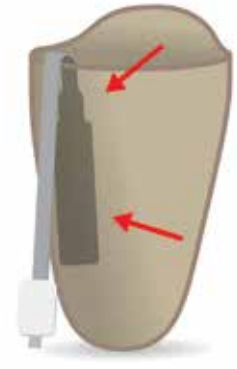
### STEP 1

Use alcohol with cotton or a disposable towel to disinfect the sensors.



### STEP 2

Remove protective plastic that protects the adhesive.



### STEP 3

Press from the bottom to the top of Strip to ensure better adhesion. Ensure the colored patterns are not placed over socket concavities. Leave the vent out of the socket.

---

## CONNECTING SENSORS



### STEP 1

After the Sensors are placed in the socket, place the INSIGHT Wearable around the outside of it.



### STEP 2

Connect the INSIGHT Sensors to the top side of the INSIGHT Wearable. There is no fixed order or required orientation in the connections. A successfully connected Sensor will briefly flash amber upon connection.



### STEP 3

After all Sensors are connected to the device, start gathering data.

## REMOVING INSIGHT SENSORS FROM THE SOCKET

**⚠** INSIGHT Sensors should be disposed as clinical waste when they are used over 8 times.



### STEP 1

After disconnecting them from the INSIGHT Wearable, carefully peel away the Sensors from the socket's inner surface.



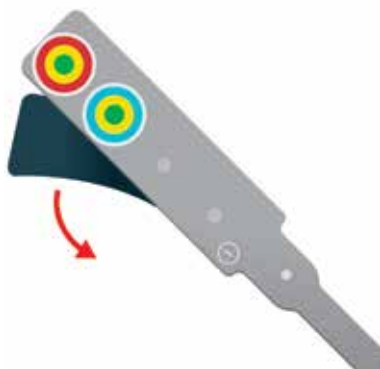
### STEP 2

Apply alcohol to cotton cloth or a disposable towel.



### STEP 3

Wipe both sides of the INSIGHT Sensor (cleaning will not take away its adhesive properties).



### STEP 4

Place the original protective plastic over the adhesive side of the Sensors.



### STEP 5

Store the Sensors on a flat surface.

---

## CLEANING SENSORS



### STEP 1

Apply alcohol to cotton cloth or a disposable towel.



### STEP 2

Wipe both sides of the INSIGHT Sensor (cleaning will not take away its adhesive properties).



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## DISCONNECTING SENSORS



### STEP 1

Turn off INSIGHT Wearable.



### STEP 2

Disconnect the INSIGHT Sensors from the INSIGHT Wearable. Pull from the sensor enclosure

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## MAINTENANCE

INSIGHT Sensors must be cleaned before and after every usage. This won't damage the materials, which have been tested to withstand this cleaning method.

Avoid cutting or excessively bending the Sensors which could cause fatal damage to the sensors.

Store the sensors flat in a dry cool place at room temperature.


INSIGHT Sensors should be stored with the protective plastic cover over the adhesive, and be placed on a flat surface, at room temperature and humidity. Sensors should be protected from dust and accidental drops or falls.


INSIGHT Sensors do not require any user maintenance, other than cleaning, and has no serviceable parts. No attempt should be made to open INSIGHT Sensors.


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## WARNING


 Do not place sensors over damaged skin or open wounds

 Electromagnetic interference – Do not use the INSIGHT system near strong electromagnetic fields as they could interfere with the proper operation of the system.

 If sensors are dropped inspect strips and connectors for damage. Damage to sensors can cause incorrect output.

 Sensors placed incorrectly can overlap provoking a mismatch between 3D model and pressure sensors.

 Overlapping the sensors in the socket will provoke a mismatch between 3D model and pressure sensors.

 Ensure sensors are correctly attached to the wearable device. If not correctly plugged in, the sensors will not be recognized by the INSIGHT App.

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# TROUBLESHOOTING

## The INSIGHT Sensors are not recognized by INSIGHT App?

Are INSIGHT Sensors correctly plugged into INSIGHT Wearable?

Have the INSIGHT Sensors exceeded 8 usages - do they flash when connected?

Is there any visible physical damage to the sensors?

## The INSIGHT Sensors are not working properly?

Do the INSIGHT Sensors have a fixed amber LED on?

Are the INSIGHT Sensors properly connected to the INSIGHT Wearable?

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# TECHNICAL SPECIFICATIONS

## Product Category

Pressure Measurement Strip

## Product Description

INSIGHT Sensors are a consumable part that connects to INSIGHT Wearable and are placed on the inside of the patient socket for pressure monitoring.

### MODEL

ATT0007; ATT0008; ATT0009

### MEASUREMENT METHOD

Force sensing resistance

### MEASUREMENT RANGE

20 mbar to 7 bar

### ACCURACY

+/-20%

### DURABLE PERIOD

8 Acquisitions

### CONNECTIVITY

USB - Note: Plug into INSIGHT Wearable Processing Unit only.

### POWER SOURCE

This device is powered by INSIGHT Wearable Processing Unit

### SHELF LIFE

2 years

### OPERATING CONDITIONS

#### TEMPERATURE

-20°C (-4°F) to 35°C (95°F)

#### HUMIDITY

<= 95% RH

#### ATMOSPHERIC PRESSURE

70,0 kPa to 106,0 kPa

### TRANSPORTING/STORAGE CONDITIONS

#### TEMPERATURE

-40°C(-40°F) to 85°C (185°F)

#### HUMIDITY

<= 95% RH

#### WEIGHT

9.88 g

### EXTERIOR MATERIAL

Polyurethane Film Coated

### ENCLOSURE MATERIAL

Biocompatible Material  
Re-usable adhesive

### DIMENSIONS (SMALL)

#### WIDTH

306 mm / 12 in

#### HEIGHT

29 mm / 1.14 in

#### DEPTH

0.3 mm / 0.12 in

### DIMENSIONS (MEDIUM)

#### WIDTH

399 mm / 15.7 in

#### HEIGHT

29 mm / 1.14 in

#### DEPTH

0.3 mm / 0.12 in

### DIMENSIONS (LARGE)

#### WIDTH

506 mm / 20 in

#### HEIGHT

29 mm / 1.14 in

#### DEPTH

0.3 mm / 0.12 in

## Notes

- These specifications are subject to change without notice.
- This device fulfils the provisions of the Medical Device Directive - 93/42/EEC.
- This device is designed according to the Standard IEC 60601-1.
- This Adapttech product is produced under the strict quality system of ADAPTTECH LTD.

 adapttech



This equipment is intended for use in the electromagnetic environment specified below. The user of this equipment should assure that it is used in such an environment.

Emissions	Compliance According to	Electromagnetic Environment
Radiofrequency (RF) emissions <b>CISPR 11</b>	Group 1	The sensors system only uses RF energy for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
Conducted RF emission <b>(EN55011:2009 + A1)</b> <b>CISPR 11</b> in charging mode	Class B	The wearable system is suitable for use in all establishments including those directly connected to a public low voltage power supply network.
Radiated RF emission <b>(EN55011:2009 + A1)</b> in battery and charging mode	Class B	
Harmonic Distortion <b>(EN61000-3-2 + A1+ A2)</b> in charging mode	Class A	
Voltage Fluctuations and Flicker <b>(EN61000-3-3:2013)</b> in charging mode	Complies	

## Electromagnetic Immunity

This equipment is intended for use in the electromagnetic environment specified below. The user of this equipment should assure that it is used in such an environment.

**!** Adapttech's wearable system (INSIGHT Wearable, Wearable IMU and Sensor) shall not be used close to RF communications equipment emitting at Very High Frequency Range (e.g. amateur radio, global position system, air traffic). Otherwise, degradation of the performance of this equipment could result.

Immunity Against	Compliance Level	Electromagnetic Environment
Electrostatic Discharge, ESD <b>(EN 61000-4-2:2009)</b> in battery and charging mode	Contact: $\pm 8\text{kV}$ Air: $\pm 15\text{kV}$	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30% so that electrostatic charges are at suitable levels
Radiated RF EM fields <b>EN61000-4-3:2006 + A1 + IS1 + A2</b> in battery and charging mode	3V/m 80-1000MHz 1000-6000MHz 1kHz 80% AM	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.
Proximity fields from RF wireless communications equipment <b>EN61000-4-3:2006 + A1 + IS1 + A2</b> in battery and charging mode	As detailed in section 8.10 of standard.  Complies	
Electrostatic Fast Transients/ Bursts <b>(EN61000-4-4:2012)</b>  In charging mode Surges <b>(EN61000-4-5:2012)</b>  In charging mode Conducted RF immunity <b>(EN61000-4-6:2014)</b> In charging mode	AC and DC Power Lines: $\pm 2\text{kV}$ Signal: $\pm 1\text{kV}$  100 kHz repetition frequency $\pm 1\text{ kV}$ line to line  3Vrms (6Vrms in ISM bands) 0.15-80 MHz 1kHz 80% AM	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.
Voltage Dips and Interrupts <b>(EN61000-4-11:2004)</b> In charging mode	0 % UT ; 0,5 cycle at 0°, 45°, 90°, 135°, 180°, 225°, 270° and 315°.  0 % UT ; 1 cycle and 70 % UT ; 25/30 cycles Single phase: at 0°  0 % UT ; 250/300 cycle	Power frequency magnetic fields should be at levels characteristic of a typical location in a typical commercial or hospital environment.



**Guidance and manufacturer’s declaration - electromagnetic immunity**

The Adapttech’s wearable system is intended for use in the electromagnetic environment specified below. The customer or the user of the Adapttech’s wearable system should assure that it is used in such an environment.

Immunity Test	IEC 60601 Test Level	Compliance Level	Electromagnetic Environment
<p>Conducted RF <b>IEC 61000-4-6</b></p> <p>Radiated RF <b>IEC 61000-4-3</b></p>	<p>3 Vrms 150 kHz to 80 MHz</p> <p>6 Vrms in ISM bands<sup>1</sup></p> <p>3 V/m 80 MHz to 2.5 GHz</p>	<p>3V</p> <p>6 Vrms in ISM bands</p> <p>3 V/m</p>	<p>Portable and mobile RF communications equipment should be used no closer to any part of the Adapttech’s wearable system including cables, than the recommended separation distance calculated from the equation applicable to the frequency of the transmitter.</p> <p>Recommended separation distance  <math>d=1.2\sqrt{P}</math> 150 kHz to 80 MHz  <math>d=1.2\sqrt{P}</math> 80 MHz to 800 MHz  <math>d=2.3\sqrt{P}</math> 800 MHz to 2.5 MHz</p> <p>Where P is the maximum output power rating of the transmitter in watts (w) according to the transmitter manufacturer and d is the recommended separation distance in meters (m).</p> <p>Field strengths from fixed RF transmitters, as determined by an electromagnetic site survey,<sup>2</sup> should be less than the compliance level in each frequency range.<sup>3</sup></p> <p>Interference may occur in the vicinity of equipment marked with the following symbol:</p>

**NOTE 1 At 80 MHz and 800 MHz, the higher frequency range applies.**

**NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.**

1. The ISM (industrial, scientific, and medical) bands between 0.15MHz and 80MHz are 6.765MHz to 6.795MHz; 13.553MHz to 13.567MHz; 26.957MHz to 27.283MHz; and 40.66MHz to 40.70MHz.
2. Field strengths from fixed transmitters, such as base stations for radio (cellular/cordless) telephones and land mobile radios, amateur radio, AM and FM radio broadcast and TV broadcast cannot be predicted theoretically with accuracy. To assess the electromagnetic environment due to fixed RF transmitters, an electromagnetic site survey should be considered. If the measured field strength in the location in which Adapttech’s wearable system is used exceeds the applicable RF compliance level above, the Adapttech’s wearable system should be observed to verify normal operation. If abnormal performance is observed, additional measures may be necessary, such as re-orienting or relocating the Adapttech’s wearable system.
3. Over the frequency range 150 kHz to 80 MHz, field strengths should be less than 3 V/m. Radiated RF is expected to interfere with wearable system between 85 and 120 MHz.

Recommended separation distances between portable and mobile RF communications equipment and Adapttech's wearable system (INSIGHT Wearable, Wearable IMU and Sensors).

The Adapttech's wearable system is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of Adapttech's wearable system can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the Adapttech's wearable system as recommended below, according to the maximum output power of the communications equipment.

Rated Maximum Output Power of Transmitter W	Separation Distance According to Frequency of Transmitter		
	150 hz to 80 mhz	80 mhz to 800 mhz	800 mhz to 2,5 ghz
0.01	0.12	0.12	0.23
0.1	0.38	0.38	0.73
1	1.2	1.2	2.3
10	3.8	3.8	7.3
100	12	12	23

For transmitters rated at a maximum output power not listed above, the recommended separation distance in meters (m) can be estimated using the equation applicable to the frequency of the transmitter, where P is the maximum output power rating of the transmitter in watts (w) according to the transmitter manufacturer.

**NOTE 1 At 80 MHz and 800 MHz, the separation distance for the higher frequency range applies.**

**NOTE 2 The ism (industrial, scientific, and medical) bands between 0.15MHz and 80MHz are 6.765MHz to 6.795MHz; 13.553MHz to 13.567MHz; 26.957MHz to 27.283MHz; and 40.66MHz to 40.70MHz.**

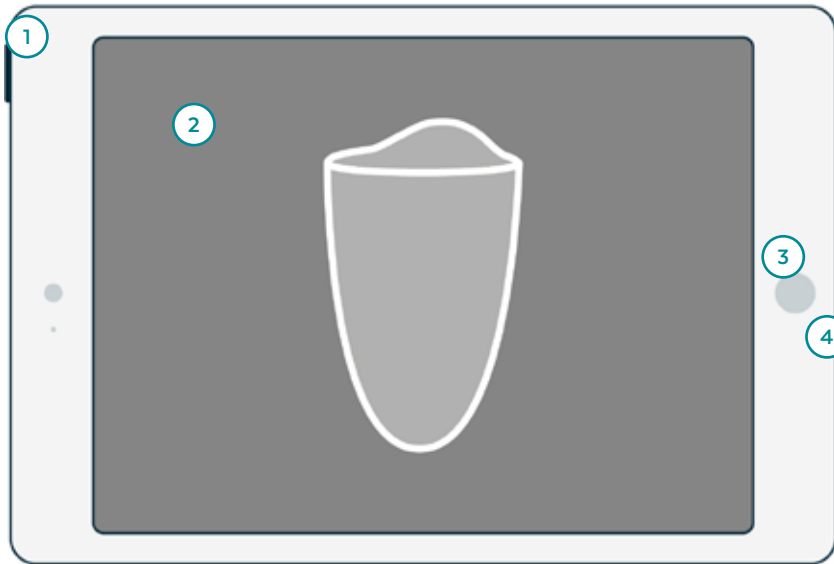
**NOTE 3 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.**

INSIGHT App



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## KNOW YOUR DEVICE



### INSIGHT App

- 1 Power Button
- 2 Touch Screen
- 3 Home Button
- 4 Power Connector

### Package Contents

- iPad
- iPad User Guide
- iPad Charger
- Pre-installed INSIGHT App

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## FIRST USE

First time use of the INSIGHT App shall always be undertaken with support from Adapttech or Cascade. We will help to setup the device to ensure that the system is properly calibrated and running correctly.

---

# SETUP



**STEP 1**  
Turn on the iPad.



**STEP 2**  
Connect iPad to the clinic's wireless network.

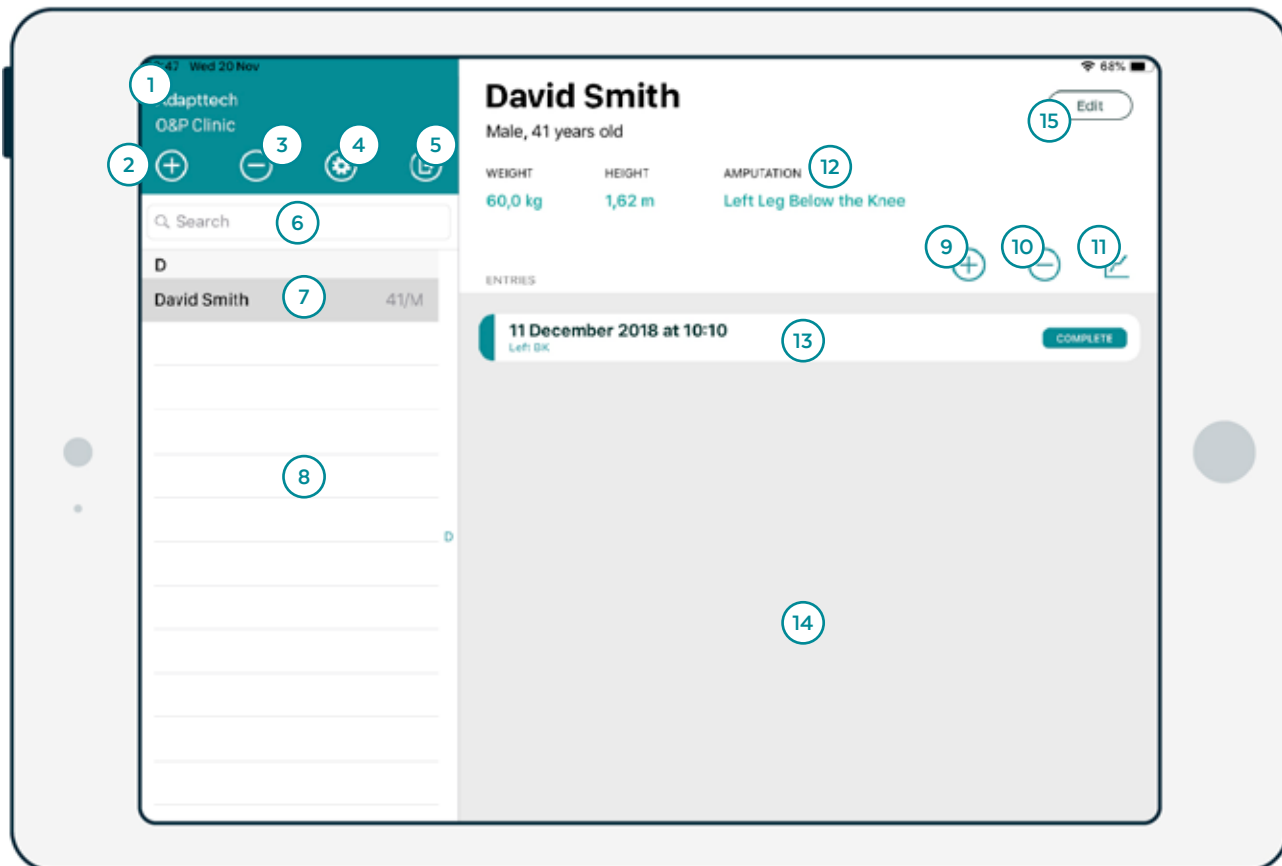


**STEP 3**  
Open INSIGHT App.



**STEP 4**  
Log In with provided user account from Adapttech.

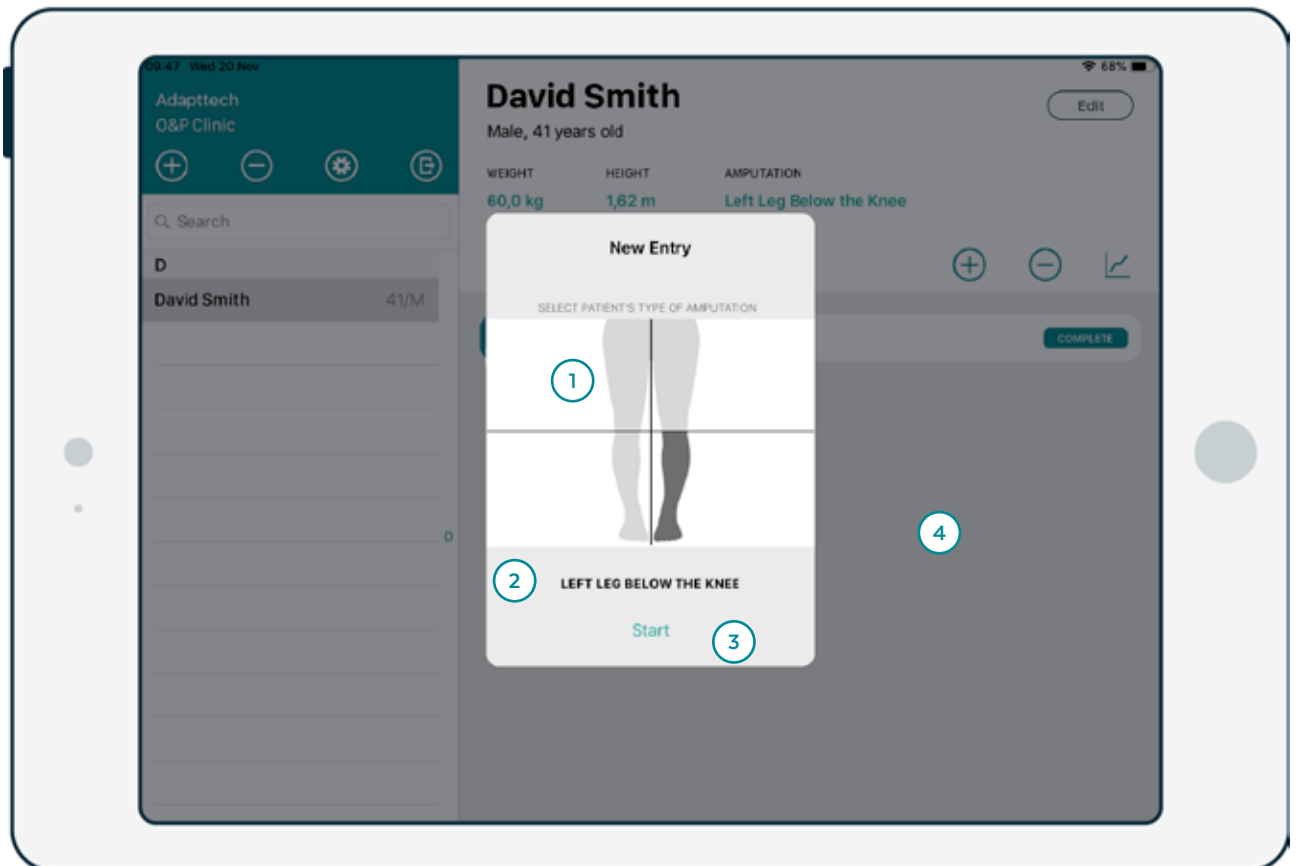
# HOME SCREEN



- 1 **User Name** Displays username
- 2 **Add New Patient** Add New Patient to the clinic
- 3 **Delete Patient** Removes patient from list
- 4 **Settings** Open Settings
- 5 **Log Out** End open session
- 6 **Search** Search Patient in the list
- 7 **Selected Patient** Patient Name/Age/Gender
- 8 **Patient List** Clinic Patient list displayed
- 9 **New Entry** Add new entry for selected patient
- 10 **Delete Entry** Removes entry from list
- 11 **History** Displays patient history
- 12 **Patient Information** Displays selected patient information
- 13 **Patient Entry** Available entry for selected patient
- 14 **Entry List** Selected patient entry list
- 15 **Edit Patient** Edit patient information

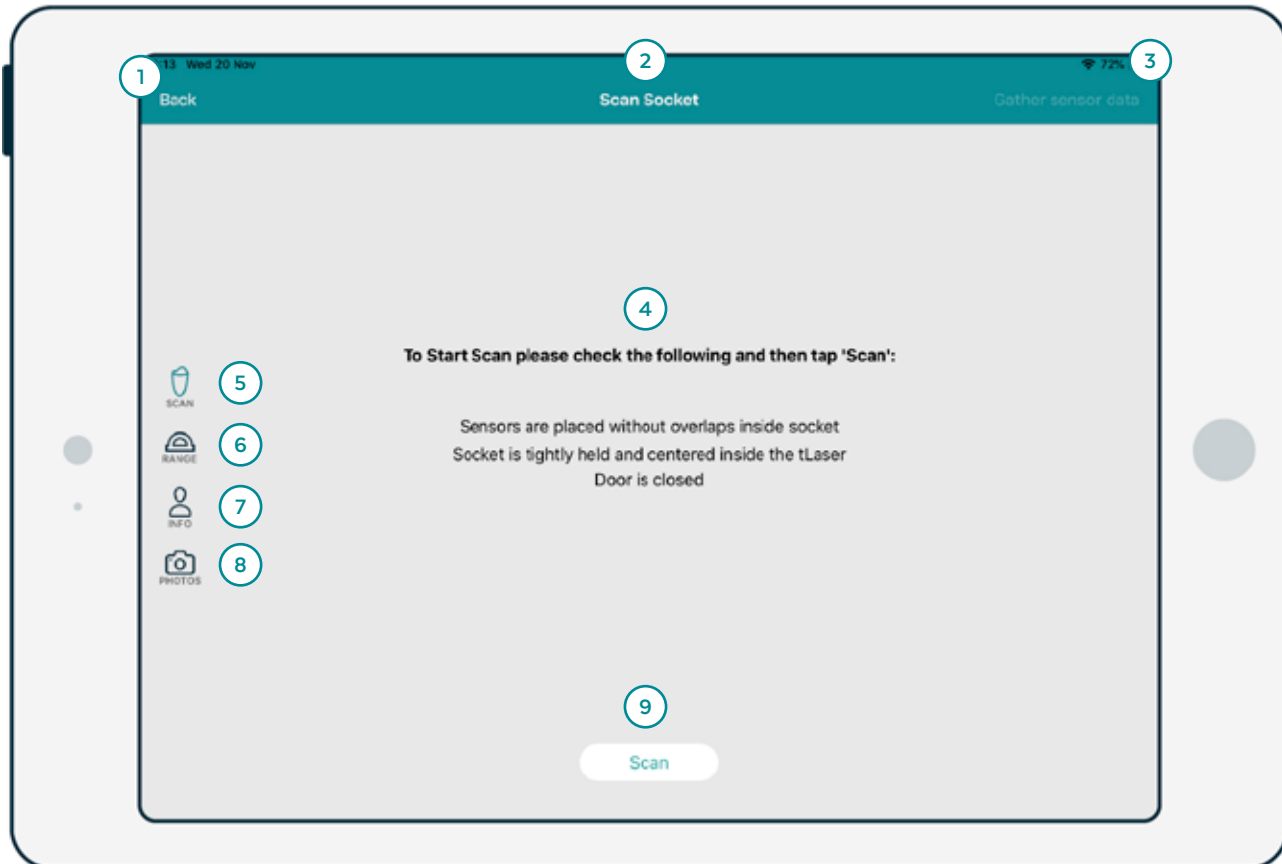


## NEW ENTRY SCREEN



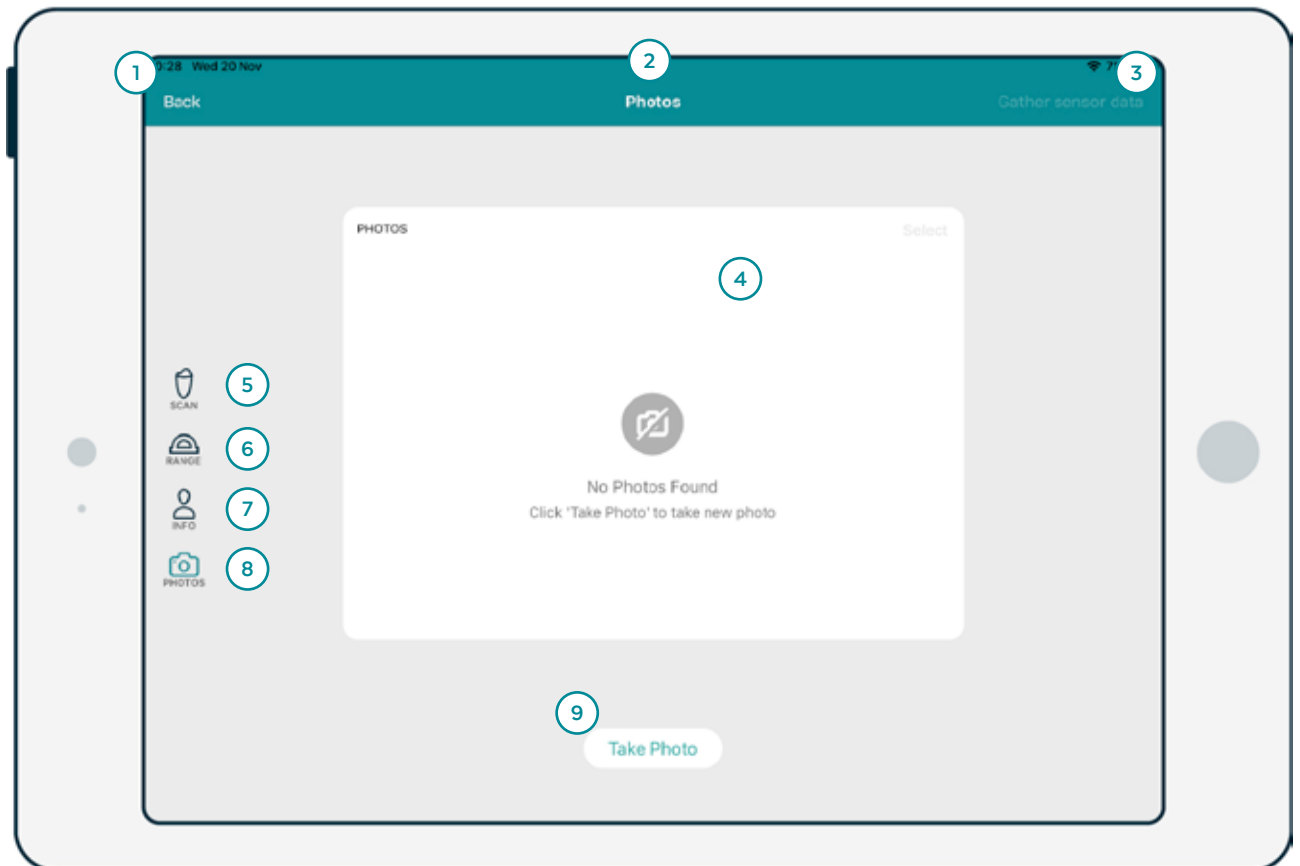
- 1 Type of amputation** Selects the type of amputation
- 2 Type of amputation indicator** Indicates the type of amputation
- 3 Start Button** Start appointment
- 4 Back** Cancel the appointment

# START SCAN SCREEN



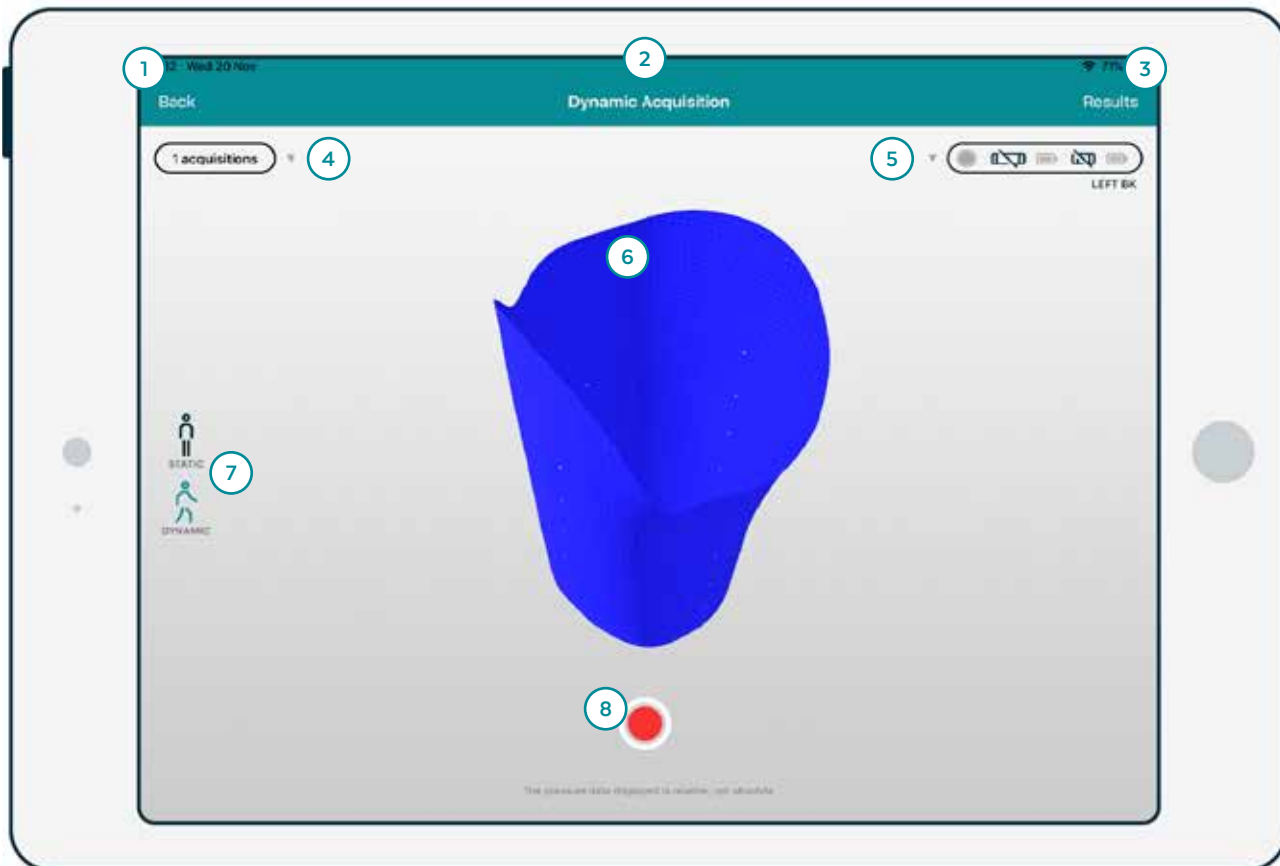
- 1 **Back** Returns to Home screen
- 2 **Screen Title** Indicates the current screen
- 3 **Gather Sensor Data** Goes to Gather Data Screen
- 4 **Check list/3D Model** Checklist to comply before scanning. After scanning displays the 3D Model
- 5 **3D Model Page** Manage 3D Model and control Scanner
- 6 **Range of Motion** Goes to Range of Motion screen
- 7 **Patient Information** Goes to Patient Information screen
- 8 **Photo** Goes to Photo Screen
- 9 **Scan** Start scanning socket

# PHOTO SCREEN



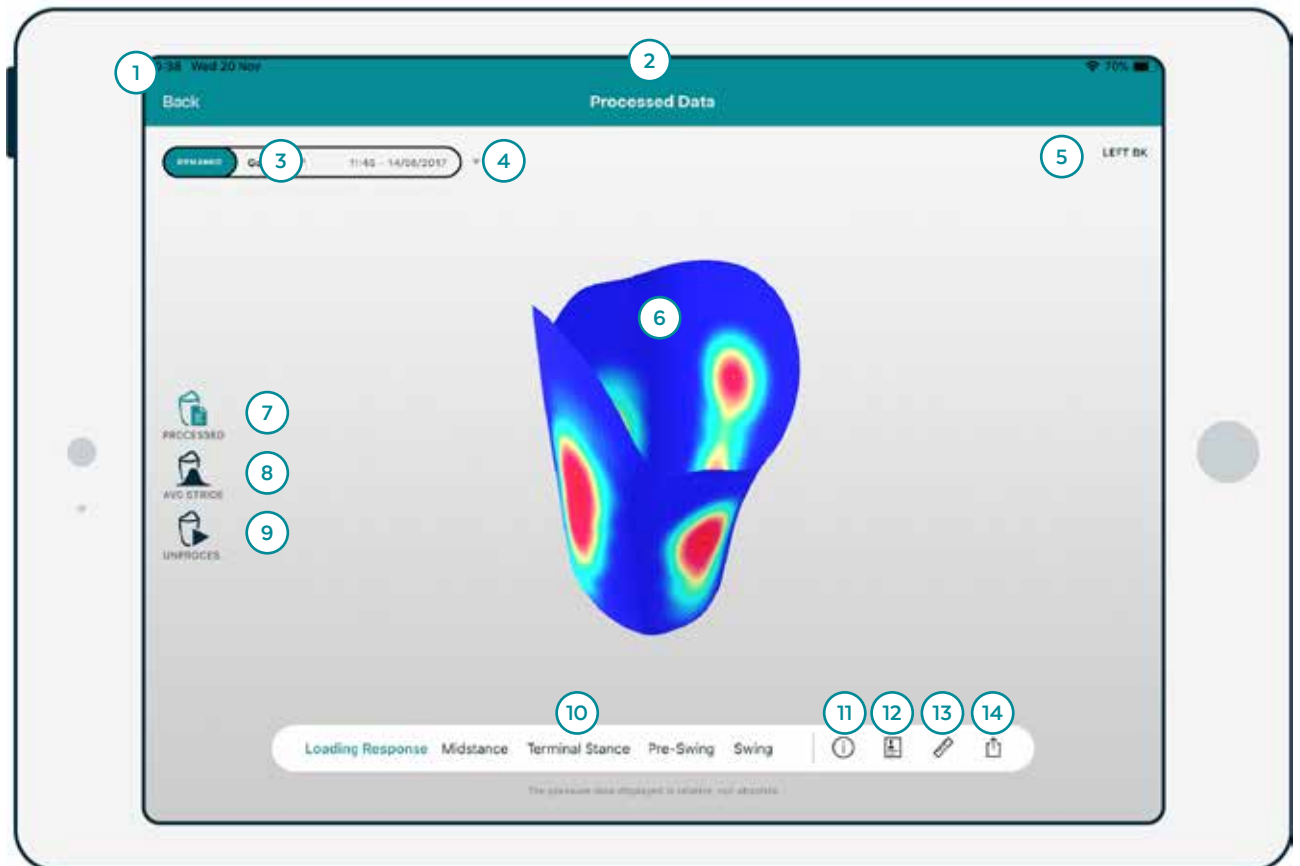
- 1 Back** Returns to Home screen
- 2 Screen Title** Indicates the current screen
- 3 Gather Sensor Data** Goes to Gather Data Screen (only available after scanning)
- 4 Photos** Displays the photos taken
- 5 3D Model Page** Manage 3D Model and control Scanner
- 6 Range of Motion** Goes to Range of Motion screen
- 7 Patient Information** Goes to Patient Information screen
- 8 Photo** Goes to Photo Screen
- 9 Photo** Takes photos

## GATHER DATA SCREEN



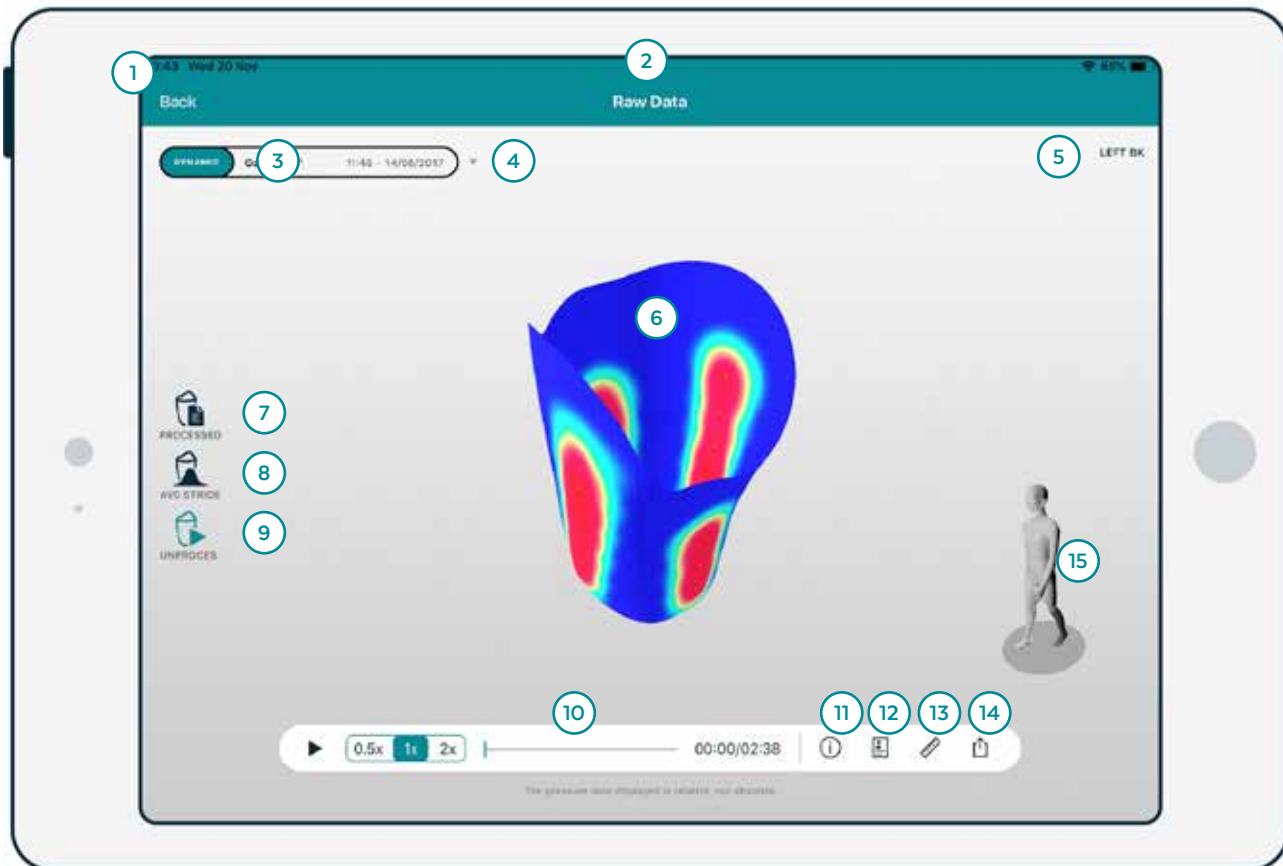
- 1 Back** Returns to New Entry screen
- 2 Screen Title** Indicates the current screen
- 3 Results** Goes to Review Data Screen
- 4 List of Recordings** Stores and Manage the recording made
- 5 Type of Amputation/Device Connected** Displays type of amputation and manages the connected devices to the App (connection state and battery)
- 6 3D Model** 3D Model
- 7 Type of Test** Type of test selector
- 8 Record Button** Start recording gait and pressure data

# REVIEW ENTRY (GAIT) SCREEN



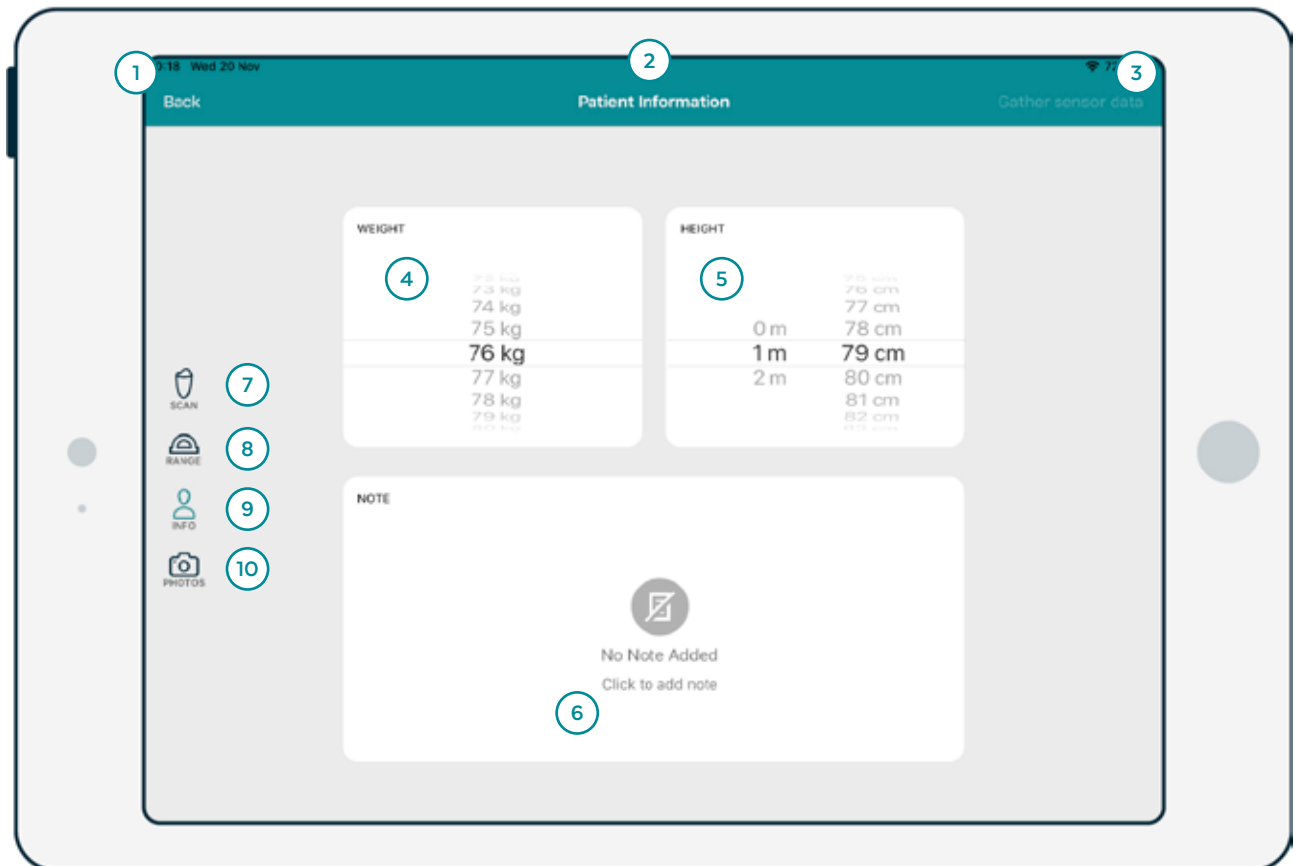
- 1 **Back** Returns to Gather Data screen
- 2 **Screen Title** Indicates the current screen
- 3 **Active Recording** Selected recording
- 4 **List of Recordings** Displays recordings made
- 5 **Type of Amputation** Displays type of amputation
- 6 **3D Model** 3D Model with pressure data
- 7 **Processed Data** Displays processed data
- 8 **Average Stride** Displays the average stride
- 9 **Unprocessed Data** Displays unprocessed data
- 10 **Gait Phases** Gait Phase Selector
- 11 **Patient Information** Displays patient information
- 12 **Report** Creates a patient report
- 13 **Measurement Tool** Open Measurement Tool
- 14 **Export** Export Snapshot or 3D Model

# REVIEW ENTRY (REAL TIME) SCREEN



- 1 **Back** Returns to Gather Data screen
- 2 **Screen Title** Indicates the current screen
- 3 **Active Recording** Selected recording
- 4 **List of Recordings** Displays recordings made
- 5 **Type of Amputation** Displays type of amputation
- 6 **3D Model** 3D Model with pressure data
- 7 **Processed Data** Displays processed data
- 8 **Average Stride** Displays the average stride
- 9 **Unprocessed Data** Displays unprocessed data
- 10 **Unprocessed Data Controls** Play, Playack speed and timeline
- 11 **Patient Information** Displays patient information
- 12 **Report** Creates a patient report
- 13 **Measurement Tool** Open Measurement Tool
- 14 **Export** Export Snapshot or 3D Model
- 15 **Gait Phase** 3D Model that indicates gait phases

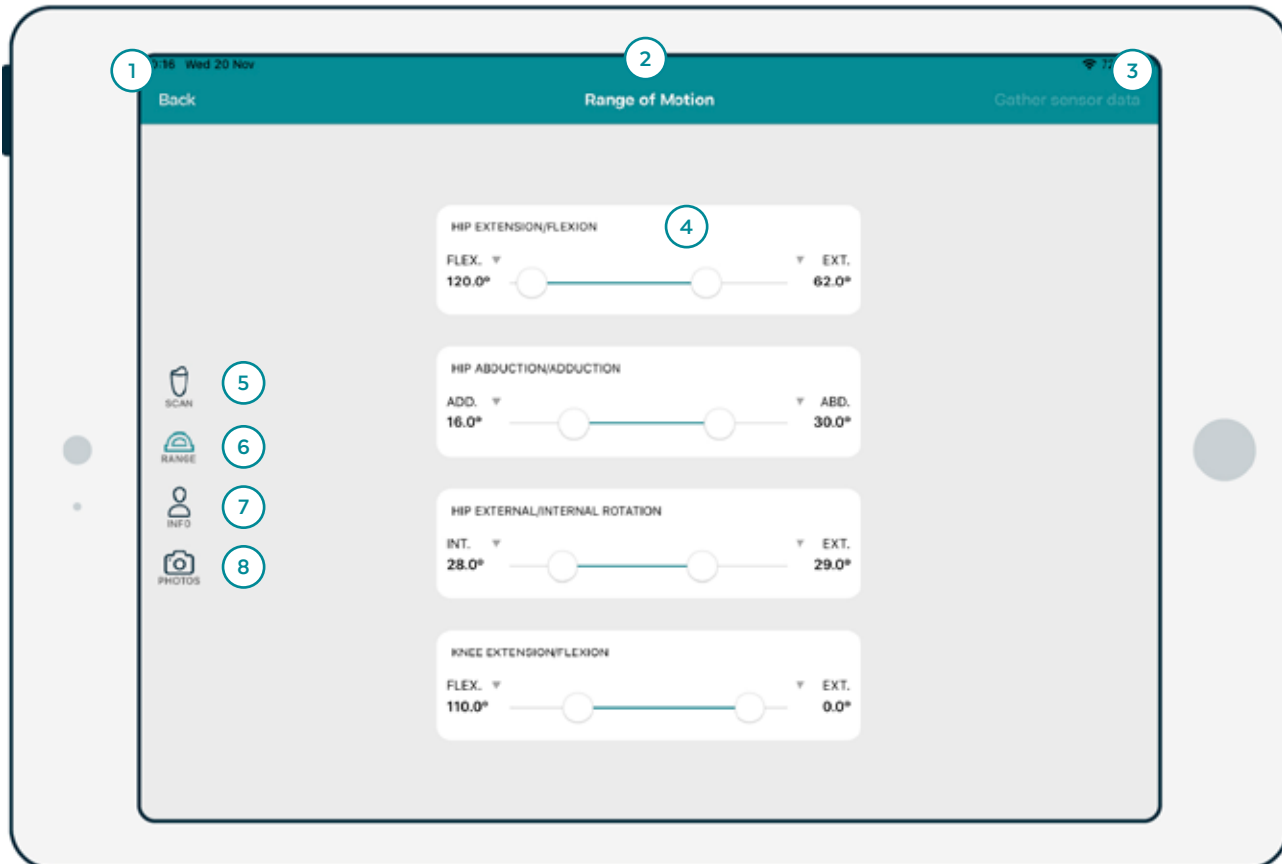
# PATIENT INFORMATION SCREEN



- 1 **Back** Returns to Home screen
- 2 **Screen Title** Indicates the current screen
- 3 **Gather Sensor Data** Goes to Gather Data Screen
- 4 **Weight** Select patient weight
- 5 **Height** Select patient height
- 6 **Note** Add/Read notes
- 7 **3D Model** Page Manage 3D Model and control Scanner
- 8 **Range of Motion** Goes to Range of Motion screen
- 9 **Patient Information** Goes to Patient Information screen
- 10 **Photo** Goes to Photo Screen

# RANGE OF MOTION SCREEN

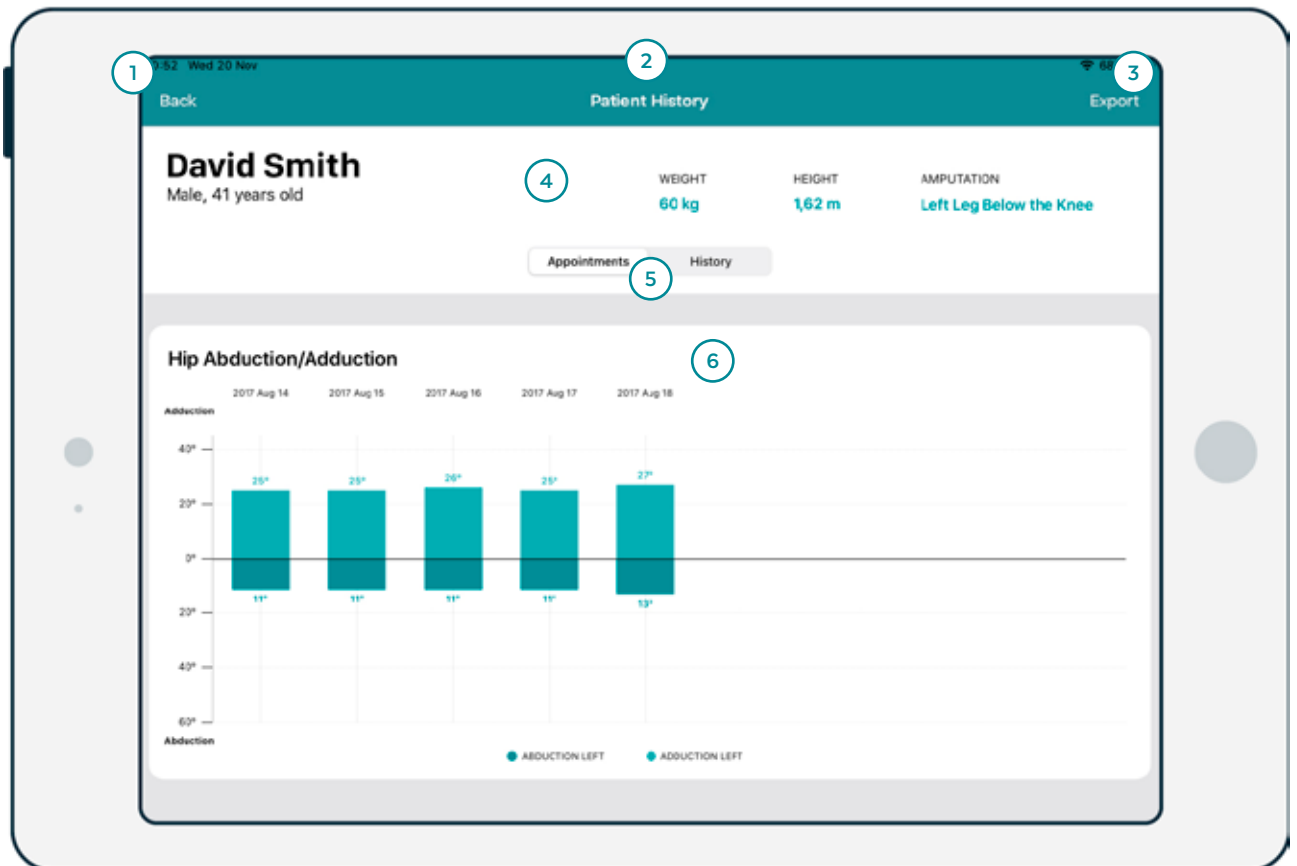
**⚠** The range of motion feature must be selected on the settings.



- 1 **Back** Returns to Home screen
- 2 **Screen Title** Indicates the current screen
- 3 **Gather Sensor Data** Goes to Gather Data Screen
- 4 **Range Of Motion** Input patient range of motion
- 5 **3D Model Page** Manage 3D Model and control Scanner
- 6 **Range of Motion** Goes to Range of Motion screen
- 7 **Patient Information** Goes to Patient Information screen
- 8 **Photo** Goes to Photo Screen



# HISTORY SCREEN



1 **Back** Returns to previous screen

2 **Screen Title** Indicates the current screen

3 **Export** Export report to PDF

4 **Patient Information** Displays patient information

5 **Data Filter** Switch the data visualization between Appointment or History

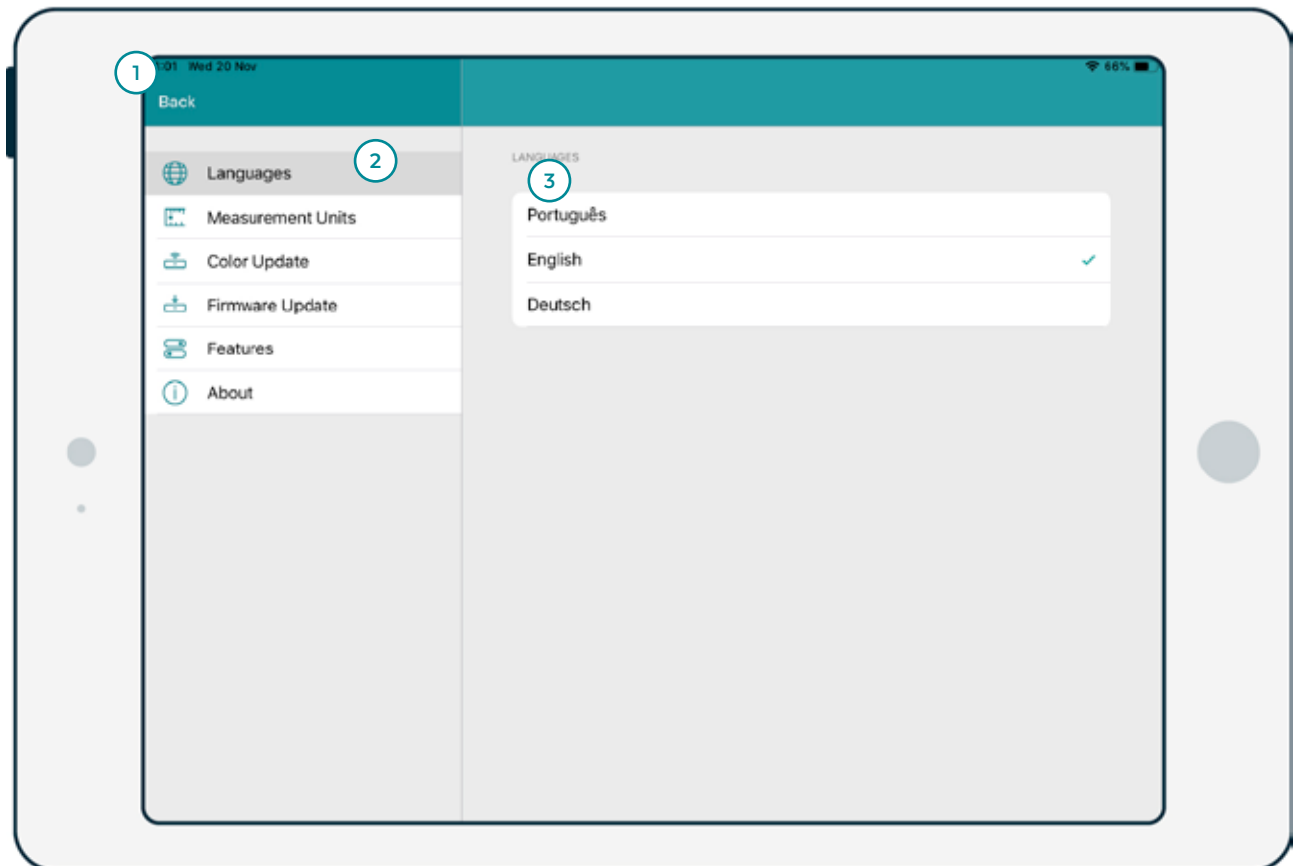
6 **History** Patient history translated in graphs

# REPORT SCREEN



- 1 **Cancel** Returns to previous screen
- 2 **Patient** Patient Name/Entry data
- 3 **Export** Export report to PDF
- 4 **Patient Information** Displays patient information
- 5 **Range of Motion** Displays patient Range of Motion
- 6 **3D Model** Displays Socket Pressure Profile in different angles/points of view

# SETTING SCREEN



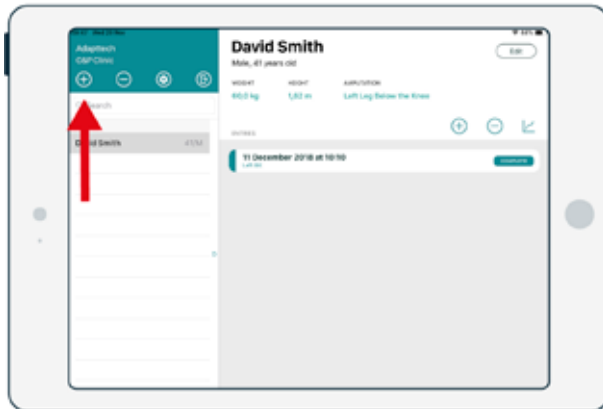
- 1 **Back** Returns to Home screen
- 2 **Options** Available settings
- 3 **Option Selected** Option for the selected setting

---

## MANAGING CLINICS

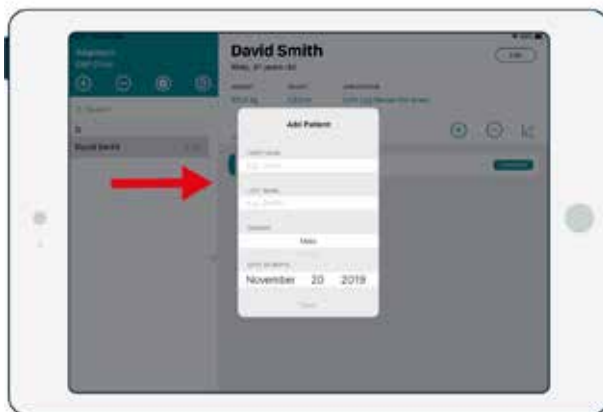
When the customer enrolls with the INSIGHT system, Adapttech or Cascade will create the existing clinics where the system will be used. If there are changes to the customer clinics, the manager will be able to edit and configure the settings in the software's back office.

# ADDING PATIENTS



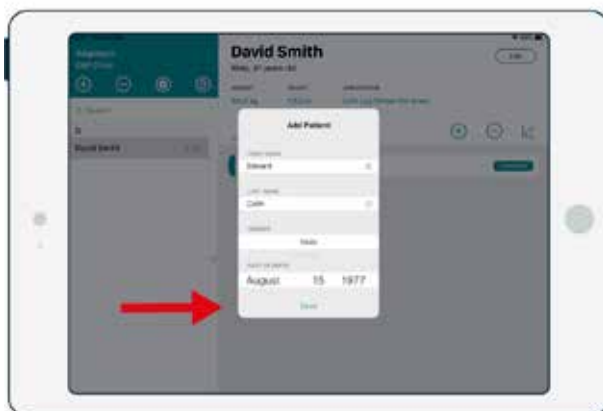
## STEP 1

On the Home Screen, tap on the “+” icon.



## STEP 2

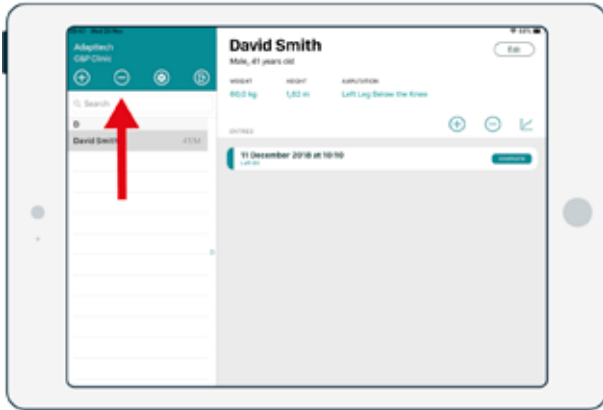
Fill Patient information on the correspondent text fields.



## STEP 3

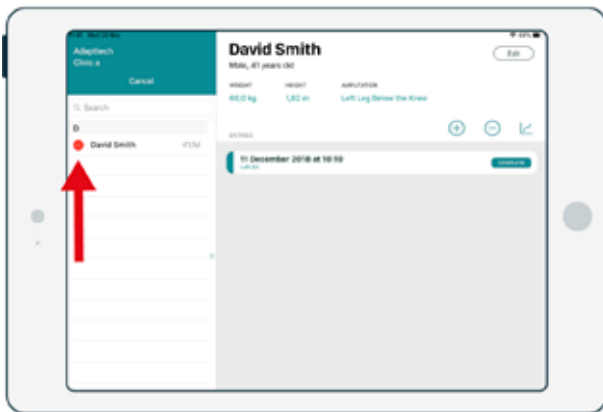
Tap “Save”.

# REMOVING PATIENTS



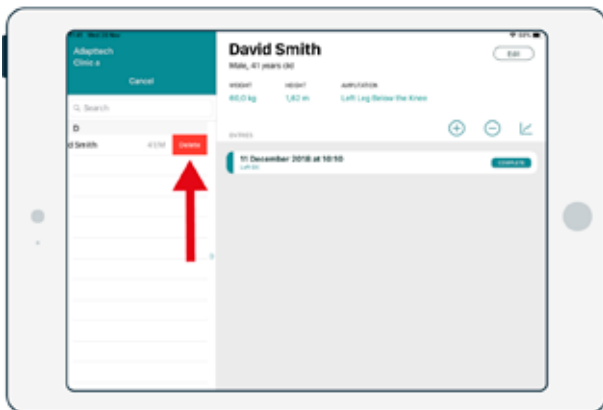
## STEP 1

On the Home screen, tap on the “-” button.



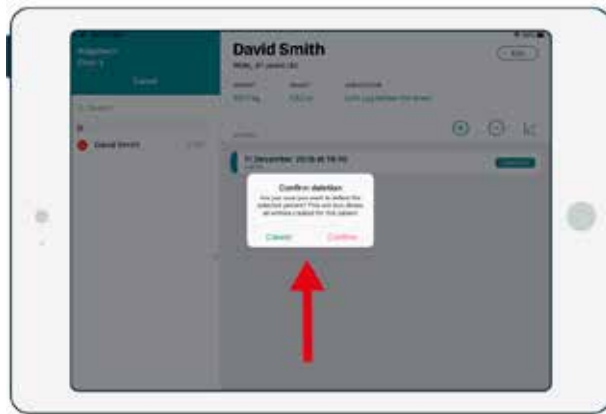
## STEP 2

Select the patient to delete by tapping on the red icon in front of the name.



## STEP 3

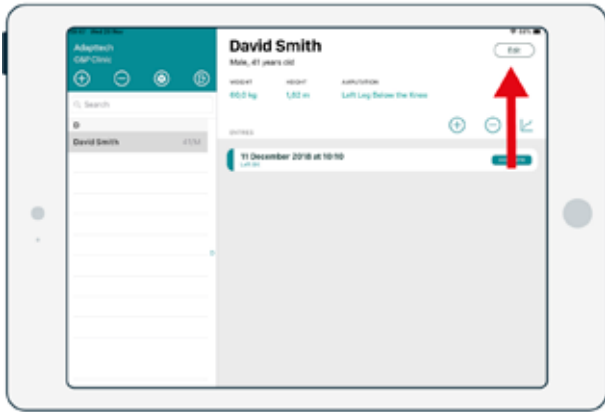
Tap on “Delete”.



**STEP 4**

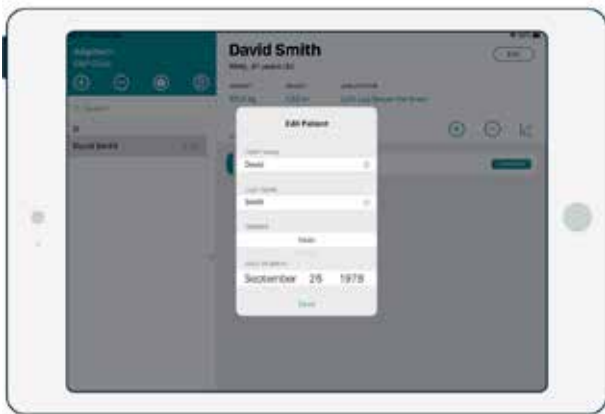
Tap on "Confirm".

# EDITING PATIENT INFORMATION



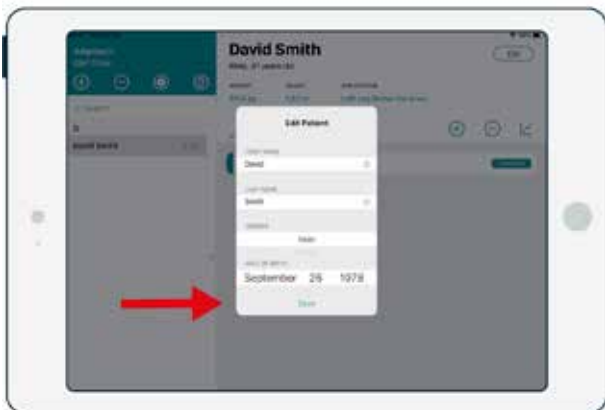
## STEP 1

Tap on the “Edit” button



## STEP 2

Make the desired changes.

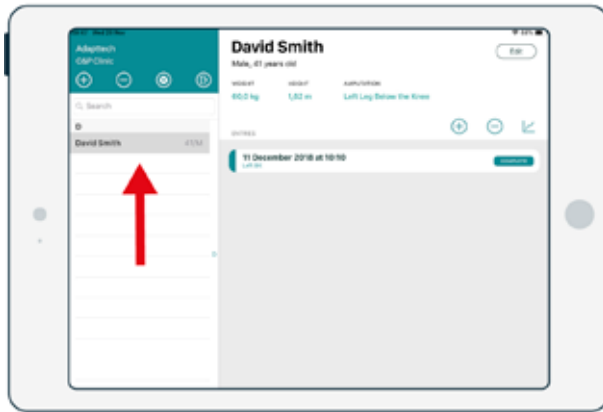


## STEP 3

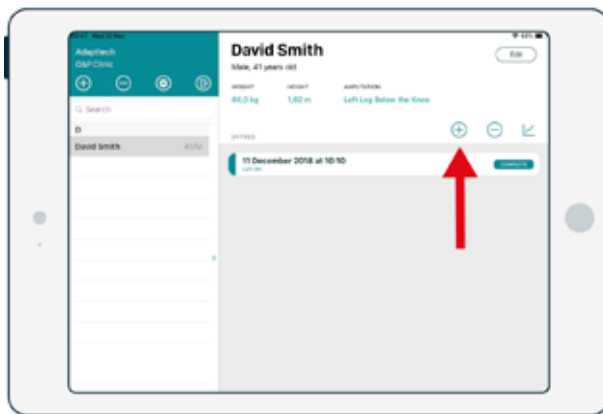
Tap “Save”.



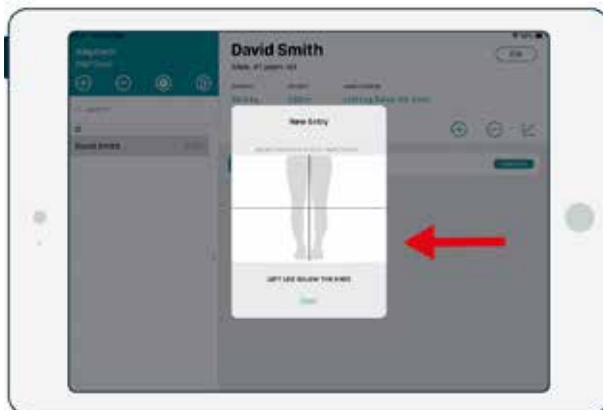
# STARTING NEW ENTRY



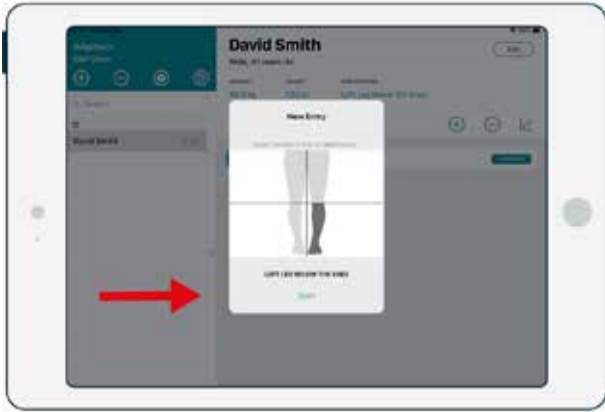
**STEP 1**  
Select the Patient.



**STEP 2**  
Tap on "New Entry".



**STEP 3**  
Select the type of amputation by tapping over the amputated limb segment.



**STEP 4**  
Tap "Start".

# SELECT INSIGHT SCANNER



## STEP 1

In an Entry, go to the 3D Model screen and tap on the “Scan” button.



## STEP 2

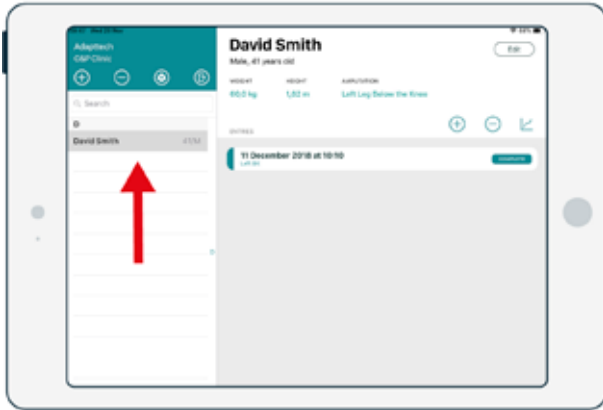
Select the desired INSIGHT Scanner (powered on Scanners connected to the current clinic).



## STEP 3

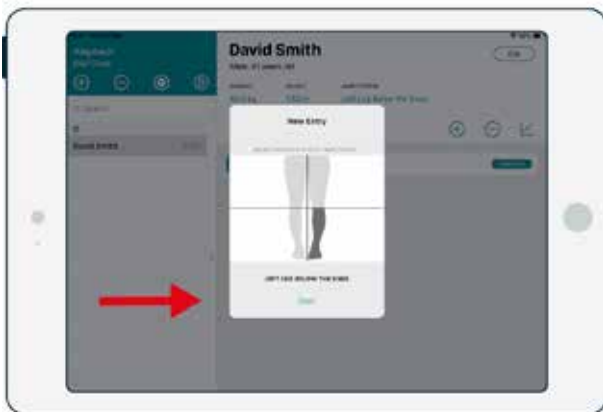
Tap “Connect”.

# START SCANNING



## STEP 1

Select a Patient.



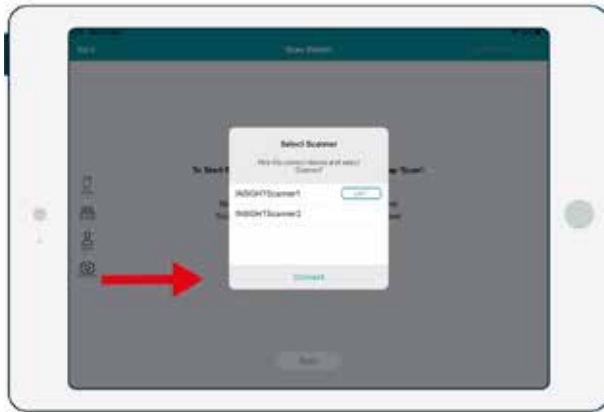
## STEP 2

Add new Entry.



## STEP 3

Tap "Scan".



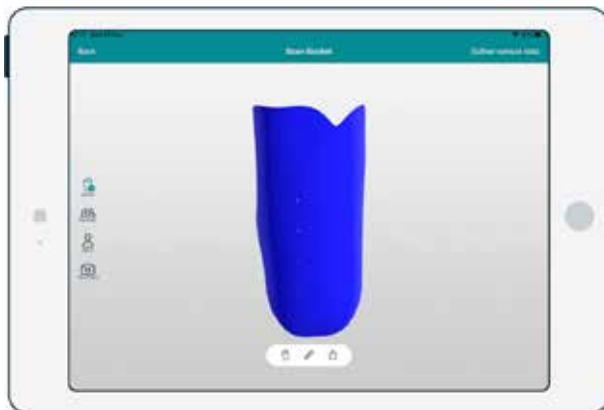
#### STEP 4

Select the desired INSIGHT Scanner (powered on Scanners will appear automatically on screen).



#### STEP 5

Wait until the 3D Model is displayed on the screen.



#### STEP 6

Scan complete.

# ADDING PATIENT INFO TO ENTRY

**A** Information is automatically saved



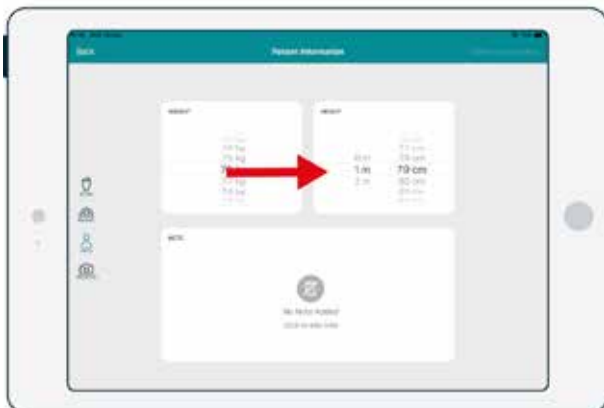
## STEP 1

On the 3D Model window, tap on the “Patient Information” icon.



## STEP 2

Select the patient's Weight.



## STEP 3

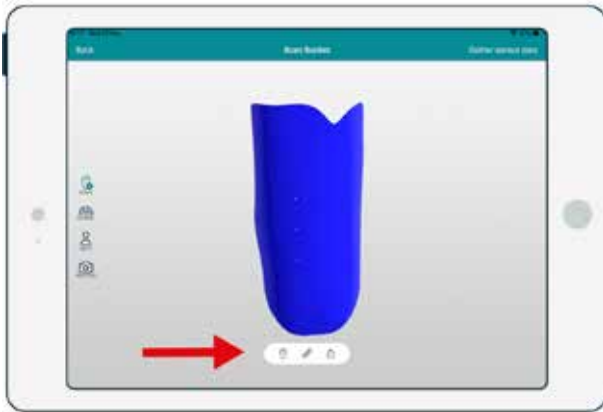
Select the patient's Height.



**STEP 4**

If needed, write any notes about the patients.

## RE-SCANNING THE SOCKET



### STEP 1

After the scan has finished, tap the “Scan Again” icon.



### STEP 2

Tap “Confirm” to overwrite the existing scan.



### STEP 3

Tap the “Scan” Button.





#### STEP 4

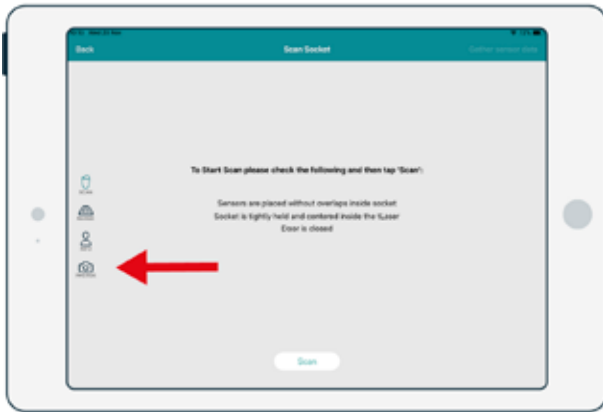
Select the desired INSIGHT Scanner.



#### STEP 5

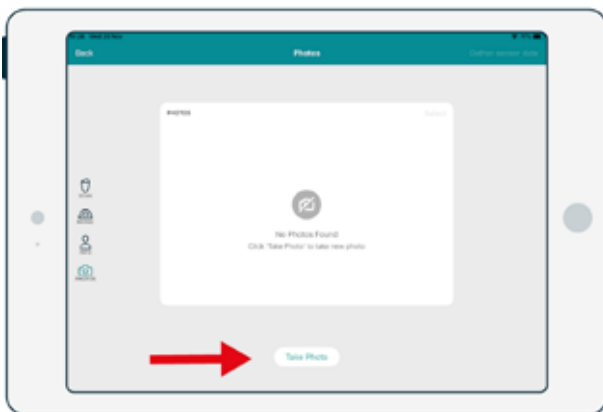
Wait until the scan finishes and the 3D model is displayed on the screen.

# PHOTO TOOL



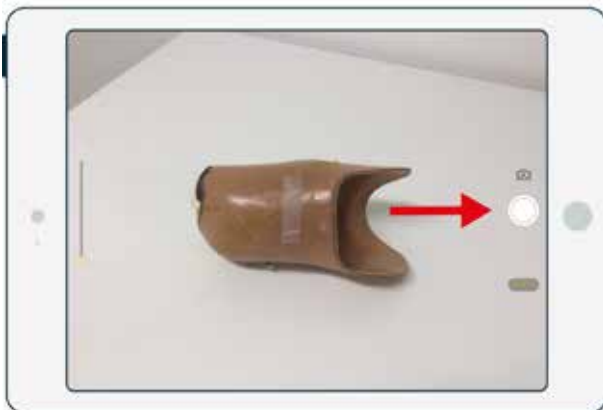
## STEP 1

On the 3D Model window, tap on the “Camera” icon.



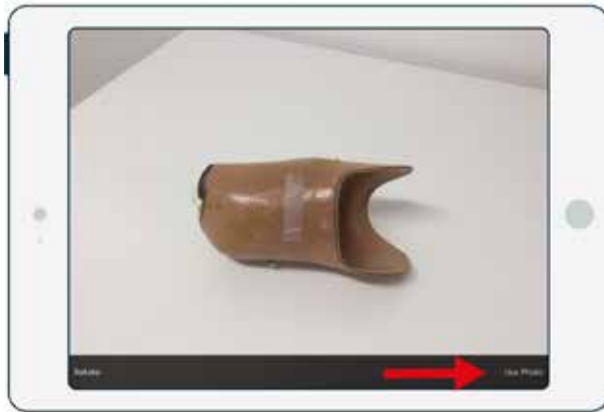
## STEP 2

Tap “Take Photo” Button.



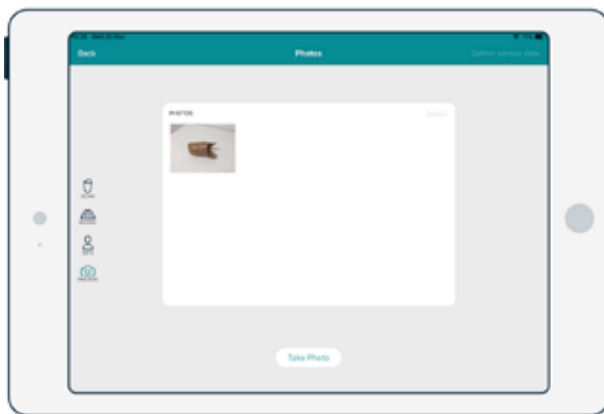
## STEP 3

Capture the desired picture.



**STEP 4**

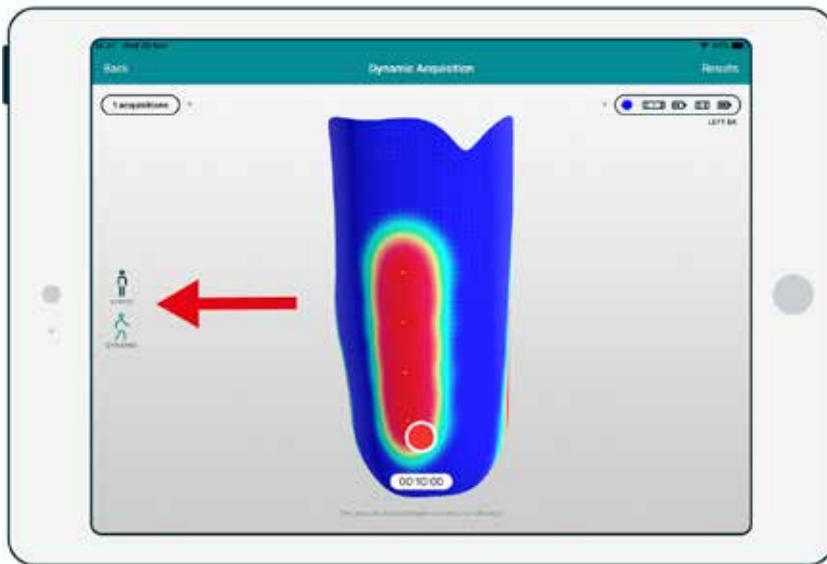
Tap "Use Photo". The photo is then saved.



**STEP 5**

To see any previously saved image, just tap on it.

## STATIC AND DYNAMIC TESTS



When recording a patient's pressure data, two types of tests can be chosen:

A **Static** test, where the patient stands upright for at least 30 seconds.

A **Dynamic** test, where the patient walks for at least 60 seconds.

Choosing the appropriate recording type is very important, as it helps INSIGHT understand the test being done and automatically labels it.

# STARTING ACQUISITION



## STEP 1

Place INSIGHT Wearable onto the patient.



## STEP 2

Connect INSIGHT Sensors to INSIGHT Wearable.



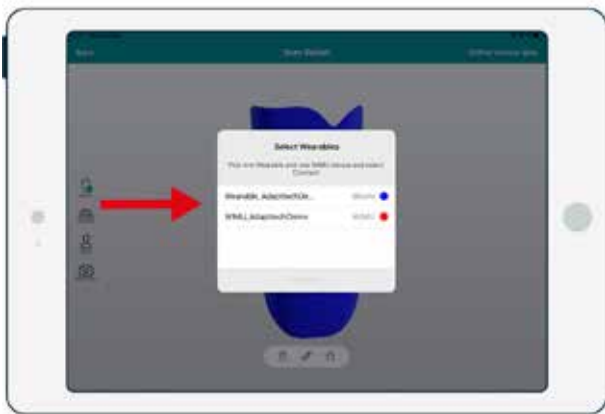
## STEP 3

Turn on the device by clicking on the button. The respective Color ID of the device will start blinking.



#### STEP 4

On the INSIGHT App, after scanning the socket, tap on “Gather Data”.



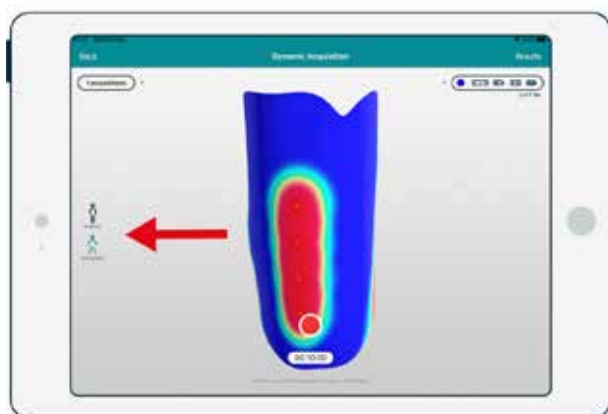
#### STEP 5

Select the desired INSIGHT Wearable from the list (the ID on the device’s label matches the ID on the list).



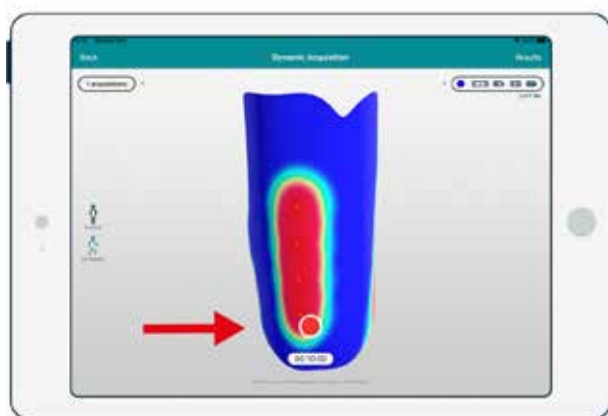
#### STEP 6

If you wish to make a dynamic acquisition, two Wearables are required. Select one Wearable and one WIMU and then tap “Connect” on the ones you wish to use for the acquisition.



#### STEP 7

On the Acquisition screen, select the type of test: either Static or Dynamic (see page 132).



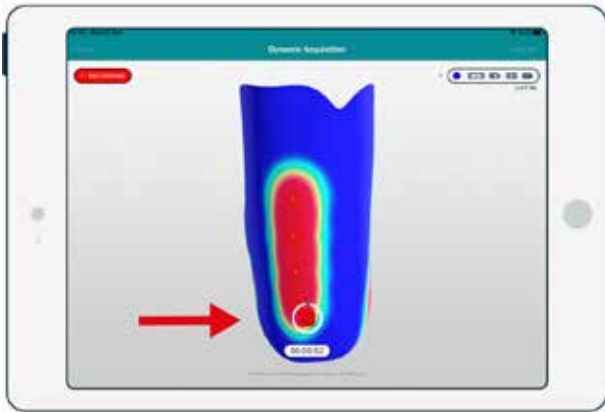
#### STEP 8

Tap Record (Red Button).



#### STEP 9

Recording started. Live pressure distributions over the socket are being provided.



#### STEP 10

When enough data has been gathered (30 seconds for a static test, 1 minute / 30 strides for a dynamic one), you can stop recording.



#### STEP 11

Give the recording a recognizable name.



#### STEP 12

Tap "Save".



## SELECTING INSIGHT WEARABLE



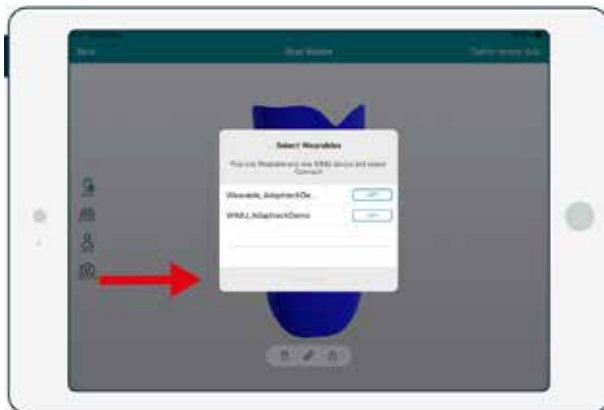
### STEP 1

On the INSIGHT App, after scanning the socket, tap “Gather Data”.



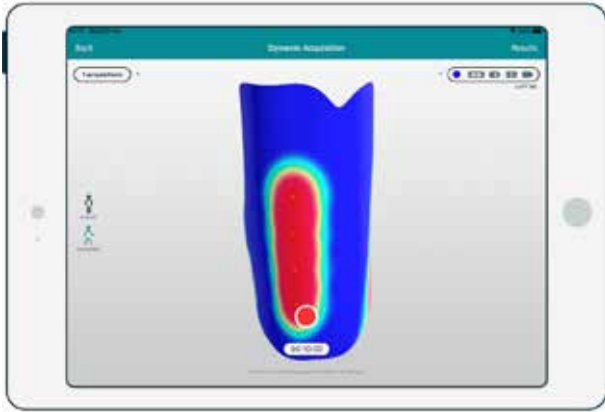
### STEP 2

Select the desired INSIGHT Wearable from the list (the color ID on the device’s label matches the color ID on the list).



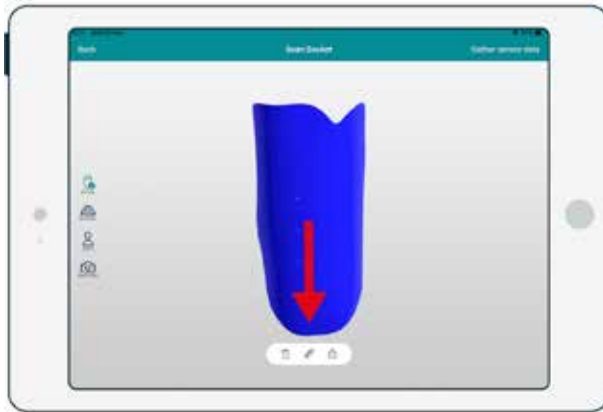
### STEP 3

Tap “Connect”.



STEP 4  
Start recording.

# MEASUREMENT TOOL



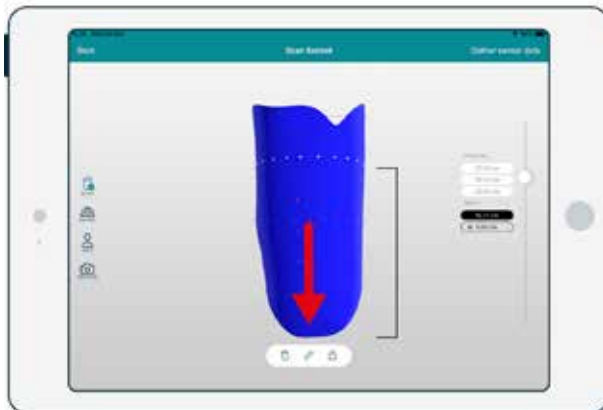
## STEP 1

On the 3D Model or Gather Data windows, tap on on the “Ruler” icon.



## STEP 2

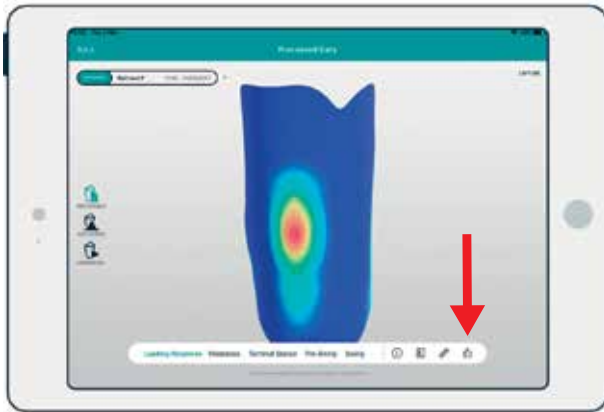
Move the slider to get the socket’s perimeters at the desired location.



## STEP 3

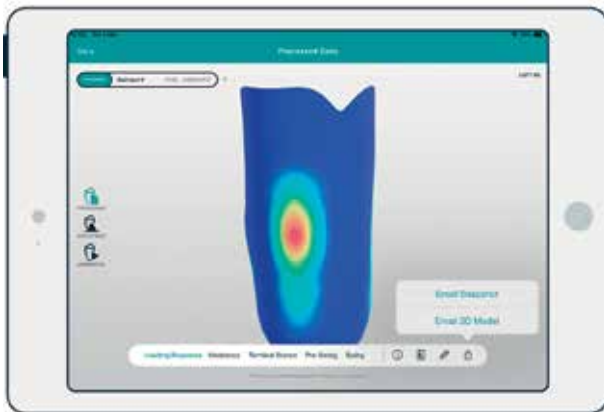
Tap again on the “Ruler” icon to close the tool.

## EXPORT 3D MODEL IN STL FORMAT



### STEP 1

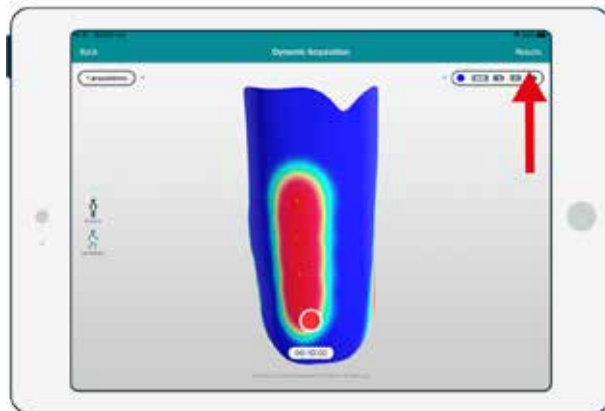
For sharing, further editing in a 3D CAD/CAM software or 3D printing, a socket's digital model can be exported and emailed in the STL format, tap on the "Export" icon.



### STEP 2

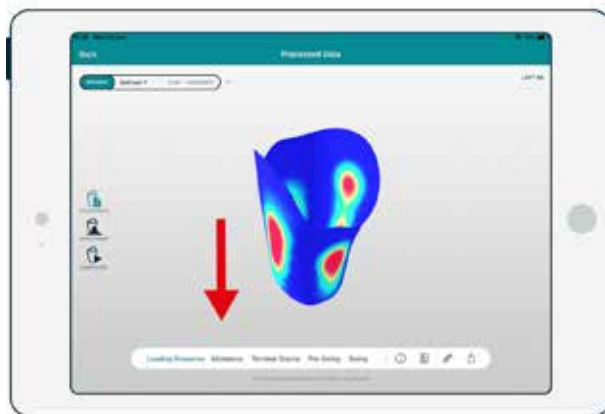
Then, tap "Email 3D model" and the file will be sent to the clinician's e-mail.

## REVIEW RECORDING (PROCESSED GAIT ACQUISITION)



### STEP 1

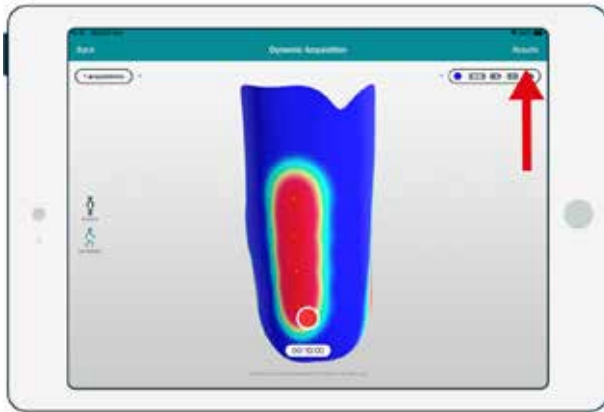
On the INSIGHT App, after you have finished dynamic data, tap on "Results".



### STEP 2

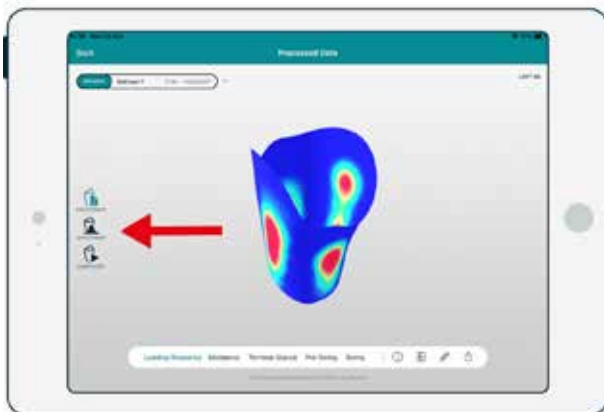
On the bottom of the screen switch between the gait phases to view the pressure distribution in the 3D Model.

## REVIEW RECORDING (AVERAGE STRIDE)



### STEP 1

On the INSIGHT App, after finish recording data, tap on “Results”.



### STEP 2

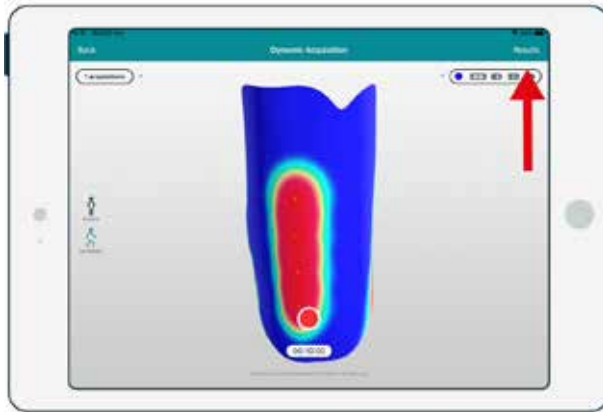
On the Review data screen, tap on the “Average Stride” button.



### STEP 3

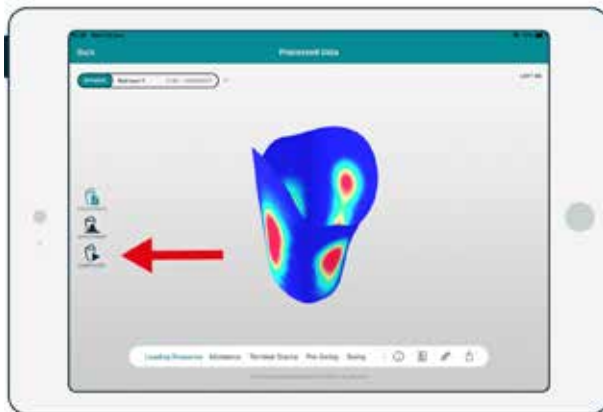
On the bottom of the screen press play, or use the slider to see animated in the 3D Model the pressure distribution in relation to the gait phase, indicated by the human 3D model in the bottom right corner.

## REVIEW RECORDING (REAL TIME DATA)



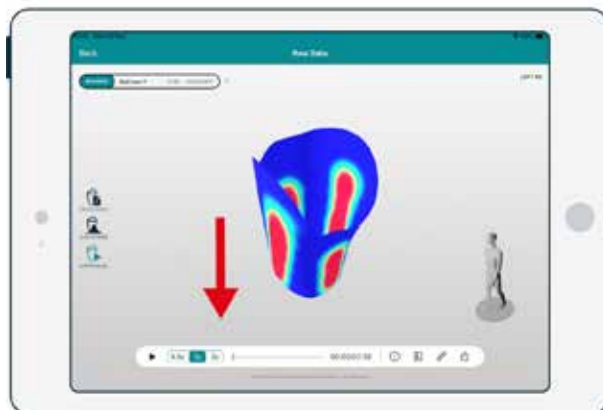
### STEP 1

On the INSIGHT App, after finish recording data, tap on “Results”.



### STEP 2

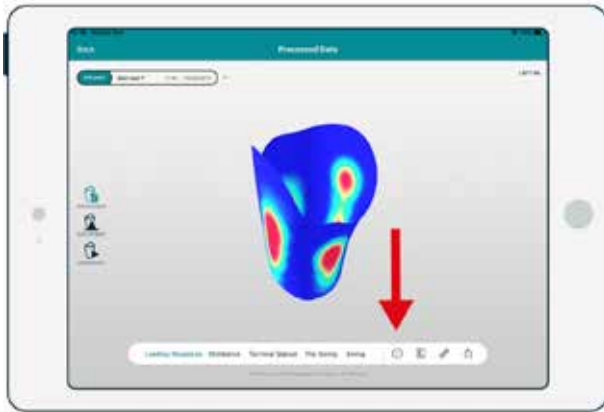
On the Review data screen, tap on the “Real Time Results” button.



### STEP 3

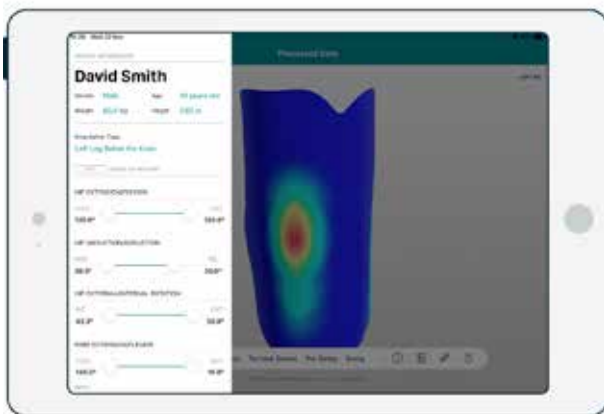
On the bottom of the screen press play, or use the slider to see the animated 3D model the pressure distribution in relation to the gait phase, indicated by the human 3D model in the bottom right corner.

## VIEWING A PATIENT'S REPORT (RESULTS SCREEN)



### STEP 1

Tap on the "Patient Information" icon.

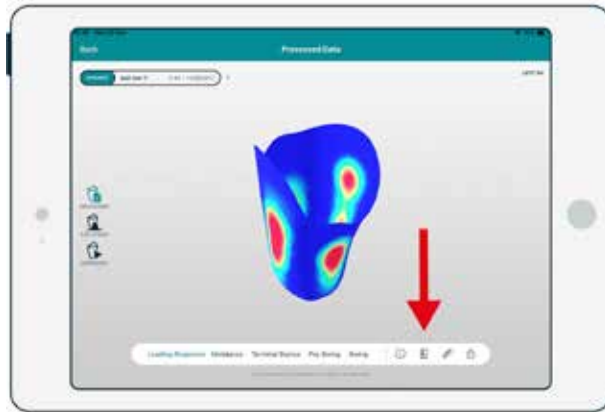


### STEP 2

View Report, tap on cancel to return to previous screen or export to get the report in PDF format.



# PATIENT REPORT (RESULT SCREEN)



## STEP 1

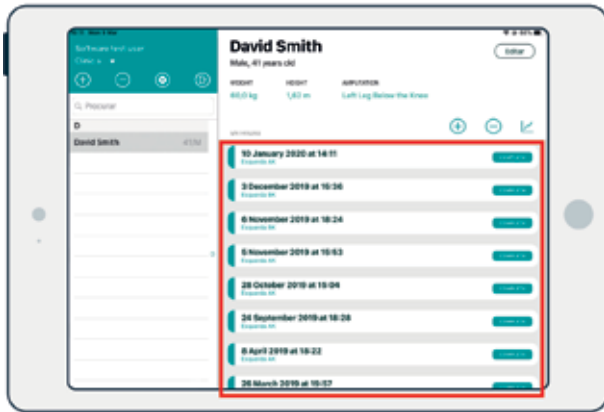
On the result Screen, tap on the “Patient Report” Icon.



## STEP 2

View Report, tap on cancel to return to previous screen or export to get the report in PDF format.

# SWITCHING BETWEEN RECORDINGS



## Accessing previous acquisitions

A patient's previous data recordings, either static or dynamic, can be reviewed at anytime through INSIGHT App.

From the main page, select a specific appointment of a patient.

The appointment page will appear. The selector on the top left allows choosing between different recordings acquired in that appointment. Recordings will be identified by their type (static/dynamic) and the name chosen when saving them.



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## SYSTEM ERRORS MESSAGES

### “Unable to navigate to next page”

Software couldn't process data to move to next step. Check if any task is still in process (Scanning, processing data) and try again.

### “Unable to get data/patient/appointment”

Software couldn't retrieve required data/patient/appointment. Check if iPad is connected to the correct network and try again.

### “Unable to save data/patient/appointment”

Software couldn't save data/patient/appointment. Check if any task is still in process (Scanning, processing data) and try again. Check if iPad is connected to the correct network and try again.

### “Unable to update data/patient/appointment”

Software couldn't update data/patient/appointment. Check if iPad is connected to the correct network and try again.

### “Unable to delete data/patient/appointment”

Software couldn't delete data/patient/appointment. Check if iPad is connected to the correct network and try again.

### “Invalid First Name”

Couldn't save information, insert a valid first name without any punctuation or numbers.

### “Invalid Last Name”

Couldn't save information, insert a valid last name without any punctuation or numbers.

**“Please fill out first name field”**

Can't add or edit patient without first name. Add patient first name.

**“Date of birth cannot be after current date”**

Can't add a date of birth that is ahead of the current date, insert a valid date.

**“Unable to authenticate user”**

Software couldn't validate user, select the option “Forgot Password?”. You will receive an e-mail to proceed with the password change. After following the steps on the email, try to log in again with the new password.

**“The URL you have entered is invalid”**

Please check if the URL is typed correctly and try again. If the problem persists, contact Adapttech for a URL check.

**“Unable to load patient history”**

Software couldn't retrieve patient history. Check if the iPad is connected to the correct network and try again.

**“Unable to send report”**

Software couldn't send report. Check if the iPad is connected to the correct network and try again.

**“Unable to send recovery email”**

Check if the iPad is connected to the correct network and try again.

**“Unable to complete scan”**

Couldn't complete scan. Check if any warning is active on the scanner. Check if scanner and iPad are connected to the correct network.

**“Entries without scan cannot be saved”**

Couldn't save entry. To save entry, make a scan of the patient socket.

**“It's not possible to gather pressure data for scans without sensor information”**

To gather pressure data, use the INSIGHT Wearable and INSIGHT Sensors. Place INSIGHT Sensors into the socket before scanning.

**“Error while sending mesh stl file to user email”**

Software couldn't send 3D file through email. Check if the iPad is connected to the correct network and try again.

**“Error while sending snapshot to user email”**

Software couldn't send snapshot through email. Check if the iPad is connected to the correct network and try again.

**“Bluetooth® Service is not available”**

Check if iPad Bluetooth® is active in settings. Check if the INSIGHT Wearable and IMU are switched on.

**“An error occurred while connecting to device”**

Software couldn't connect to the device, try again. Check if the INSIGHT Wearable and IMU are within range of iPad. If the problem still occurs, pair the devices to the iPad.

**“Connection to Wearable was lost”**

Check if the INSIGHT Wearable and IMU are within range of iPad. Connect to the Wearable again. If the problem still occurs, pair the devices to the iPad.

**“Error occurred while changing device color”**

Check if the INSIGHT Wearable and IMU are within range of iPad. Reconnect to the device and change the device color. If the problem still occurs, pair the devices to the iPad.

**“Recording time limit has been reached, tap ‘ok’ to Save”**

Recorded time has exceeded, tap “ok” to save recording and start a new recording.

**“Acquisition will be dismissed, since capture time is insufficient”**

The acquisition is too short to process information, record more time to gather enough data to process.

**“Application can not be used if permission is not granted for access to the device’s camera”**

Grant permission for the INSIGHT App to access the iPad camera on the iPad settings.

**“iPad lost wi-fi connection”**

Try to reconnect to the wi-fi network from iPad settings menu, and/or verify if iPad is within the wi-fi network reach.

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## MAINTENANCE

Follow Apple's maintenance recommendations for cleaning the iPad.

Avoid dust accumulation on the iPad ports as this may cause bad electrical contact when charging.

Store the iPad in a dry cool place at room temperature, as described by the Apple's usage recommendations.

Regularly charge the iPad battery.

---

# TROUBLESHOOTING

## I cannot login into the INSIGHT App:

Are your username and password correct?

Does the iPad have internet connection?

If none of the above, please contact Adapttech or Cascade support

## I cannot see all of my clinics on Onboard/Settings:

Do you have internet connection?

If the internet connection is ok, please contact Adapttech or Cascade support

## I cannot see my patients:

Do you have internet connection?

Are you accessing the correct clinic?

If none of the above, please contact Adapttech or Cascade support

## I cannot see my patient entries:

Does the iPad have internet connection?

If the internet connection is ok, please contact Adapttech or Cascade support

## The INSIGHT Scanner in my clinic does not appear in the selection list:

Does the iPad have internet connection?

Is the Scanner in your clinic powered on?

Is the scanner in your clinic is connected to the right network?

If none of the above, please contact Adapttech or Cascade support



**The scan result is malformed or distorted:**

Please contact Adapttech or Cascade support

**The photo gallery is not storing pictures/is not showing previous pictures data I enter is not being saved:**

Does the iPad have internet connection?

If the internet connection is ok, please contact Adapttech or Cascade support

**The report I created was not delivered to my email:**

The email can take up to 30 minutes to arrive at the inbox.

Are you checking the same email you logged in with?

If your email is correct, please contact Adapttech or Cascade support

**The INSIGHT Wearable does not appear in the selection box:**

Is the INSIGHT Wearable turned on?

Are you within range of the device (10m)?

Is Bluetooth® enabled on your iPad?

Does the App have permission to use the iPad Bluetooth?

If none of the above, please contact Adapttech or Cascade support

**Results are not appearing in the selection box:**

Does the iPad have internet connection?

If none of the above, please contact Adapttech or Cascade support

**Static results are not showing correctly:**

Was the result collected following the User Guide best practices?

Does the iPad have internet connection?

If none of the above, please contact Adapttech or Cascade support

**Dynamic results are not showing correctly:**

Was the result collected following the User Guide best practices?

Does the iPad have internet connection?

If none of the above, please contact Adapttech or Cascade support

**Real Time results are not showing correctly:**

Was the result collected following the User Guide best practices?

Does the iPad have internet connection?

If none of the above, please contact Adapttech or Cascade support

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# TECHNICAL SPECIFICATIONS

## Product Category

Software Application

## Product Description

INSIGHT App is a software that manages, records, saves and tracks the patient's history and follows their adaptation process throughout the entire rehabilitation phase.

## MODEL

ATT0010

## CONNECTIVITY

Bluetooth® & Wi-Fi

## OPERATING SYSTEM

iOS

## Notes

- These specifications are subject to change without notice.
- The device AC adapter is protected against solid foreign objects of 12 mm diameter and greater such as a finger. The optional AC adapter is protected against vertically falling water drops which may cause issues during a normal operation.
- This device fulfils the Medical Devices Directive - 93/42/EEC.
- This Adapttech product is produced under the strict quality system of ADAPTTECH LTD.

 adapttech



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## TECHNICAL ASSISTANCE

If you have any technical issues, please contact our support department at [support@adapttech.eu](mailto:support@adapttech.eu) or via post at:

ADAPTTECH LTD.

Institute of Translational Medicine (ITM)

Heritage Building

Mindelsohn Way

B15 2TH Birmingham, UK

Contact your Cascade sales representative.

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